Ziggy's Degree Theory for Health Related Ailments

A Classical and Empirical Framework for Reading Medical Astrology

By

Ziggy

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CLASSICAL SOURCES AND ATTRIBUTION

The degree associations in this guide draw on the classical medical astrology tradition, including the foundational work of H.L. Cornell, M.D. (Encyclopaedia of Medical Astrology, first published 1933) and Reinhold Ebertin (The Combination of Stellar Influences, 1940), synthesized with original empirical research developed by Ziggy Astrology through years of chart analysis and client work.

A NOTE ON ACCURACY

No astrological system is 100% deterministic. The degree associations represent tendencies, themes, and energetic vulnerabilities, not certainties. Always read the full chart, never a single placement in isolation.

Preface

Every physical symptom comes from energy. Your birth chart, your celestial blueprint, encodes the energetic patterns of your body as clearly as it encodes the patterns of your personality, relationships, and purpose. Once you know how to read it through the lens of medical astrology, the body stops being a mystery.

Carl Jung, father of analytical psychology, held that at the moment something is born there is an inherent energetic signature attached to that beginning. Astrology is the language of that signature. Medical astrology is the practice of reading the body relevant layer of that language.

This guide is organized in three sections. Section One walks you through the reading method step by step. Section Two presents three fully worked case studies. Section Three is your reference library: 360 degree entries across all twelve signs, each with its ruling planet, expanded ailment associations, and the opposing degree axis.

Study carefully. Practice consistently. The goal is never to frighten yourself or a client. It is to create awareness, support informed choices, and honor the extraordinary intelligence already encoded in the chart you were born with.

How to Use This Guide

DOCUMENT STRUCTURE

This guide is organized in three sections:

- **Section One: The Reading Method**

The three layer system, aspect modifiers, the degree cycle, and five step instructions.

- **Section Two: Case Studies**

Three fully worked chart patterns demonstrating the method applied to real diagnoses.

- **Section Three: Degree Reference Tables**

360 degree entries across all twelve signs with degree planet, ailments, and opposition axis.

DEGREE ROUNDING

Degrees are expressed in degrees and minutes. Use this rounding rule consistently:

> Direct placements: use the degree as written, regardless of minutes.
> Retrograde (Rx) placements: round up one degree, regardless of minutes.
>
> Examples: 22 degrees 39 minutes direct = 22 degrees. 4 degrees 07 minutes Rx = 5 degrees.

ASPECT & ORB GUIDELINES

Use an orb of maximum 5° for all aspect types:

Aspect	Symbol	Degrees	Orb	Energy Type	Health Expression
Conjunction	*	0	5°	Fusion / Intensity	Placements merge. Both body systems activate simultaneously.
Sextile	*	60	5°	Functional Support	Healing opportunity. Body compensates well. Latent tendency only.
Trine	*	120	5°	Harmonious Flow	Ease of function. Can be too passive. Symptoms may go unnoticed.
Square	*	90	5°	Friction / Tension	Chronic tension and warning signal. Strongest health indicator.
Opposition	*	180	5°	Imbalance / Comp.	One system overworks to compensate for the other.

Hard aspects carry the most diagnostic weight. Soft aspects often represent latent tendencies or healing opportunities.

SIGNS, HOUSES, AND BODY SYSTEMS

Before working with degrees, ground yourself in the sign to body system associations. The degree layer always sits on top of this foundation.

Sign	House	Ruling Planet(s)	Body Systems	Key Health Themes
Aries	1st	Mars	Head, eyes, skull, brain	Migraines, head injuries, inflammation
Taurus	2nd	Venus	Throat, thyroid, cervical spine	Thyroid disorders, neck tension, vocal cords
Gemini	3rd	Mercury	Lungs, hands, arms, nervous system	Respiratory issues, anxiety, dexterity
Cancer	4th	Moon	Stomach, chest, mucous membranes	Digestive issues, emotional eating, bloating
Leo	5th	Sun	Heart, spine, upper back	Cardiovascular stress, burnout, spinal tension
Virgo	6th	Mercury	Gut, small intestine, nervous system	IBS, perfectionism driven illness, malabsorption
Libra	7th	Venus	Kidneys, skin, lower back, blood sugar	Kidney stress, rashes, hormonal balance
Scorpio	8th	Pluto / Mars	Reproductive system, elimination, hormones	STIs, endometriosis, PMOS (formerly known as PCOS),
Sagittarius	9th	Jupiter	Liver, hips, thighs, sciatic nerve	Overindulgence, liver stress, hip and sciatic pain
Capricorn	10th	Saturn	Bones, knees, joints, teeth, skin	Arthritis, calcification, joint degeneration
Aquarius	11th	Saturn / Uranus	Circulation, ankles, electrical nervous system	Spasms, seizures, varicose veins, odd symptoms
Pisces	12th	Jupiter / Neptune	Feet, lymph, glands, immune system	Fluid retention, addiction sensitivity, fatigue

Planets are the functions. Signs are the systems. Houses show the location. All three layers must be read together before the degree layer is added.

A WORD ON APPLICATION

1. **Focus** on placements that make hard aspects first. These are the most active and diagnostically relevant.
2. **Always** blend all three layers before drawing any conclusion. Single factor readings are incomplete readings.
3. **Use** the opposition axis to check for compensation mechanisms. What is the body doing on the other end of that polarity?
4. **Correlate** do not diagnose. Find the theme. Offer awareness. Let the person confirm or redirect.

SECTION ONE

The Reading Method

WHAT IS MEDICAL ASTROLOGY?

Medical astrology is the practice of using the birth chart to understand the energetic patterns underlying a person's physical health. It does not replace medicine. What it does is give you a symbolic map of where the body is under pressure, where it carries inherited vulnerabilities, and what themes have been present since birth.

All of your physical symptoms come from energy. Your birth chart is your soul blueprint. Carl Jung observed that at the moment something is born, there is an inherent energy attached to that beginning. Medical astrology is the practice of reading the body relevant layer of that language.

When is medical astrology most useful?

- For idiopathic conditions: things that came out of nowhere with no clear cause.
- For validation: helping a person understand why they have a particular health pattern.
- For timing: using transits to understand when an intervention or healing window is likely.
- For self-awareness: identifying the body's specific vulnerabilities before symptoms appear.

THE CORE FRAMEWORK: PLANETS, SIGNS, HOUSES

Before you work with degrees, you need this foundational framework locked in. Everything in medical astrology builds on these three layers.

Planets Are the Functions

Each planet represents a function of the body and psyche. The Sun governs vitality. The Moon governs fluid systems and cycles. Mars governs inflammation and acute events. Saturn governs restriction and chronic conditions. Neptune governs sensitivity and toxicity. When a planet is under stress through hard aspects, the function it represents is under stress.

Signs Are the Systems

Each zodiac sign governs a body system or region. Aries rules the head. Taurus rules the throat. Gemini rules the lungs and nervous system. Cancer rules the stomach. Leo rules the heart and spine. Virgo rules the gut. Libra rules the kidneys. Scorpio rules the reproductive system. Sagittarius rules the liver and hips. Capricorn rules the bones. Aquarius rules the circulation. Pisces rules the feet and lymph.

Houses Show the Location

The house a planet occupies adds a third layer of locational context. A planet in the tenth house carries Capricorn house energy regardless of what sign the planet is in. A planet's health significance is shaped by all three simultaneously: planet (function), sign (system), and house (context).

> **The Layered Framework**
>
> Planet: the function (what is happening)
> Sign: the system (which part of the body is involved)
> House: the location (where in the chart context it is playing out)
> Degree: the sub signature layer (added on top of all three)

THE ASPECT TYPES IN MEDICAL ASTROLOGY

Conjunction: Fusion of Energy

When two placements are conjunct, they are fused. Their energies operate as one, amplifying each other. A conjunction creates an intensification of both placements' health themes simultaneously.

Sextile: Functional Support

A sextile is a functional support between two placements. The energy flows relatively easily, creating a healing opportunity. Sextiles can indicate latent tendencies that only activate when transit energy moves through those points.

Trine: Harmonious but Passive

A trine is harmonious flow. In health terms, this ease can be a double edged quality. Trine linked health patterns often go unnoticed for a long time precisely because the body adapts so well to them.

Square: Friction and Chronic Tension

The square is the most important aspect in medical astrology. It creates friction, chronic tension, and warning signals. Squares show exactly where the body is working hardest and where health vulnerabilities are most likely to manifest.

Opposition: Compensation Mechanism

An opposition creates imbalance between two opposing body systems. One side compensates for the other. Understanding the opposition axis is essential for reading the full health picture.

> **The Most Diagnostically Active Aspects**
>
> Hard aspects (conjunction, square, opposition) carry the most diagnostic weight.
> Soft aspects (trine, sextile) represent latent tendencies or healing opportunities.

THE DEGREE CYCLE

Every degree of the zodiac, from 1 to 29, is associated with a specific sign. The cycle runs from Aries through Pisces and repeats. Degrees 1 through 12 form the first cycle. Degrees 13 through 24 repeat the sequence. Degrees 25 through 29 begin the third cycle.

The 0 Degree: Raw Expression

The zero degree always expresses the energy of the sign it occupies in its purest, most instinctive form. There is no blending with another degree sign. Zero degree amplifies whatever sign it is in.

Degree(s)	Associated Sign	Ruling Planet
0	Same as placement sign	Placement ruler
1, 13, 25	Aries	Mars
2, 14, 26	Taurus	Venus
3, 15, 27	Gemini	Mercury
4, 16, 28	Cancer	Moon
5, 17, 29	Leo	Sun
6, 18	Virgo	Mercury
7, 19	Libra	Venus
8, 20	Scorpio	Pluto / Mars
9, 21	Sagittarius	Jupiter
10, 22	Capricorn	Saturn
11, 23	Aquarius	Saturn / Uranus
12, 24	Pisces	Jupiter / Neptune

ASPECT MODIFIER KEY

Hard Aspect Expression (Square, Opposition, Conjunction)

The ailments in the reference tables apply most directly under hard aspects. The body is under sustained pressure at this point. These entries will resonate most strongly when a person hears them.

Soft Aspect Expression (Trine, Sextile)

Under soft aspects, the same ailments apply in a more latent or subclinical form. Symptoms may be milder, intermittent, or well managed. Soft aspect entries resonate as tendencies the person recognizes rather than active conditions.

Aspects Meaning Summary

Square: chronic, recurring, actively under pressure
Opposition: compensation dynamic, seesaw pattern between two systems
Conjunction: intensified, fused, amplified at both placements
Trine: latent or well managed, may normalize the imbalance
Sextile: mild tendency, often a healing opportunity

THE FIVE STEPS OF ASPECT INTERPRETATION

Step 1. Identify the Degree Association

Look at the exact degree of each placement. Apply the rounding rule: if the placement is retrograde (Rx), round up one degree. If the placement is direct, use the degree as written regardless of minutes. Identify which sign that degree is associated with using the degree cycle table.

Step 2. Identify the House Sign

Identify which sign rules the house each placement occupies. A planet in the tenth house carries Capricorn house energy regardless of what sign the planet is in.

Step 3. Identify the Placement Sign

This is the actual zodiac sign the planet occupies. In my degree theory it is the third layer, not the starting point. The placement sign tells you which body system the planet is most directly affecting.

Step 4. Identify the Aspect Energy

Determine the aspect type and apply the aspect modifier key. This tells you whether the energy is flowing freely, under chronic tension, or creating a compensation pattern.

Step 5. Archetype Addition

Blend all layers together: degree sign, house sign, and placement sign for each planet in the aspect. Ask what health theme emerges from this combination. Look for the overlap where multiple archetypes converge on a single theme.

Archetype Addition: The Core Principle

- You are blending signs, not stacking diagnoses.
- Ask what ALL of these archetypes have in common.
- The diagnosis is the theme at the center of all the overlapping energies.
- If you are completely off, the person will correct you.
- If you are in the right neighborhood, they will almost always recognize themselves.

SECTION TWO

Case Studies

HOW TO USE THE CASE STUDIES

The case studies in this section are real chart patterns demonstrating the archetype addition method in practice. Each one walks through all three layers and shows how blending those archetypes leads to a specific health theme.

The Five Steps (Quick Reminder)

1. Degree: which sign is this degree associated with?
2. House: which sign rules this house?
3. Sign: which sign is the planet actually in?
4. Aspect: what type of energy is flowing or blocked?
5. Archetype Addition: blend all layers into a coherent health theme.

CASE STUDY 1

Saturn Square Mercury: Dyslexia and Speech Impediment

THE PLACEMENTS

Planet	Degree	Degree Sign	House Sign	Placement Sign
Saturn	14 (direct, no rounding)	Taurus	Capricorn (10th)	Aries
Mercury	10 (direct, no rounding)	Capricorn	Virgo (6th)	Capricorn

Aspect: Square. Friction, chronic tension, warning signal.

READING THE ARCHETYPES

Saturn at 14 degrees sits in a Taurus degree. Taurus is the throat, the vocal cords, the physical speech mechanism, the cervical spine. It is ruled by Venus and governs the body's capacity to produce and release sound. Any hard aspect touching Taurus-coded energy can show up as something that constricts, hardens, or disrupts the speech apparatus. Saturn's presence means restriction is built directly into this Taurus energy.

The house is the 10th, a Capricorn house. More restriction. The placement sign is Aries, which rules the head and brain. So we have Taurus throat and vocal cord restriction sitting in Capricorn house energy, in Aries: the speech mechanism of the head, under Saturn's hardening influence.

Mercury at 10 degrees carries a Capricorn degree. Capricorn is restriction, structure, bones, the hardening of systems over time. Saturn rules this degree, which mirrors and amplifies the restriction energy already present in the placement sign. The house is the 6th, a Virgo house: analytical, detail-oriented, hyper-critical of process. The placement sign is Capricorn, making restriction the dominant energy on both the degree and sign layers. The aspect connecting them is a square.

THE ARCHETYPE ADDITION

Blend all six archetypes: Taurus (throat and physical speech apparatus), Capricorn tripled across degree, house, and sign (structural restriction at every layer), Aries (head and brain), and Virgo (analytical detail and processing). Two placements both coded around physical communication and cognitive function, carrying an extraordinary weight of Capricorn restriction between them, under chronic friction from the square.

Diagnosis: Dyslexia and Speech Impediment

This is a real chart. The person processes information fully but experiences chronic friction in the translation of thought to language. The stutter, the difficulty speaking fluidly, the way language jams at the output stage: all of it is right there in the archetypes.

CASE STUDY 2

Jupiter Trine Moon: PMOS, Polyendocrine Metabolic Ovarian Syndrome (formerly known as PCOS)

THE PLACEMENTS

Planet	Degree	Degree Sign	House Sign	Placement Sign
Jupiter	26	Taurus	Scorpio (8th)	Aquarius
Moon	1	Aries	Cancer (4th)	Scorpio

Aspect: Trine. Harmonious but passive energy flow.

READING THE ARCHETYPES

Jupiter at 26 degrees lands in a Taurus degree, ruled by Venus: blood sugar, metabolism, the body's relationship with richness and abundance. Jupiter expands everything it touches. The house is the 8th, a Scorpio house: reproductive system, hormonal cycles, deep tissue processes. The placement sign is Aquarius: circulation, the endocrine system's electrical signals, systemic irregularity.

The Moon at 1 degree carries an Aries degree: raw Martian energy, activation, inflammation. The house is the 4th, a Cancer house: the stomach, fluids, the emotional body, the womb space. The placement sign is Scorpio, doubling the reproductive and hormonal theme.

THE ARCHETYPE ADDITION

The trine makes this passive and flowing. The body has normalized it. Blend: Taurus (blood sugar, Venus ruled), Scorpio doubled (reproductive on both sides), Aquarius (circulatory and hormonal irregularity), Aries (inflammation), Cancer (womb and fluid body). Jupiter's expansion of the Venusian degree points at blood sugar and hormonal richness. Scorpio appearing on both sides of the trine is the loudest signal.

Diagnosis: PMOS (Polyendocrine Metabolic Ovarian Syndrome), formerly known as PCOS, (Polycystic Ovary Syndrome)

The trine explains why PMOS often goes undiagnosed for years. The body adapts. The energy flows too easily to create obvious alarm signals. The imbalance feels normal to the system, which is exactly the signature of a trine in medical astrology.

CASE STUDY 3

Venus Opposition Ascendant: Body Dysmorphia

THE PLACEMENTS

Placement	Degree	Degree Sign	House Sign	Notes
Venus (Rx)	24 (Rx, rounded up from 23)	Pisces	Libra (7th)	Capricorn. Retrograde.
Ascendant	18	Virgo	Cancer (1st)	Cancer

Aspect: Opposition. Compensation mechanism.

READING THE ARCHETYPES

Venus at 23 degrees is retrograde. Applying the retrograde rounding rule, she moves to 24 degrees, a Pisces degree ruled by Jupiter and Neptune. Pisces is dissolution, distorted perception, the inability to see oneself or reality clearly, extreme sensitivity to illusion and impression. Neptune, who rules this degree, is the planet of what we cannot accurately perceive. The house is the 7th, a Libra house: beauty, perception, how we are seen in relationship. The placement sign is Capricorn: restriction, self-discipline, the inner critic. Retrograde turns all of that beauty-and-worth energy inward, where Neptune's distortion does its work without interference.

The Ascendant at 18 degrees lands in a Virgo degree: hyper analytical, perfectionist, nothing is ever quite good enough. The Ascendant is the body itself. The house is the 1st, a Cancer house: emotional, sensitive, absorbs everything.

THE ARCHETYPE ADDITION

The opposition is a compensation mechanism. Venus in Capricorn retrograde stares directly across the chart at this Virgo-coded, emotionally sensitive Cancer Ascendant. The Libra 7th house amplifies the beauty fixation. The Pisces degree adds the Neptune quality: what Venus sees in the mirror is distorted, not real. Neptune dissolves the line between how one looks and how one fears one looks. Capricorn restricts and critiques what Neptune has already distorted. Retrograde turns it all inward. All of it lands directly on the body through the Virgo-coded Ascendant.

> **Diagnosis: Body Dysmorphia**
>
> The retrograde Venus cannot fully receive positive external feedback. She filters it through the Capricorn and Virgo critical lens. The body is never quite right. The scrutiny is relentless and internally sourced. Restrictive eating and hyper controlled self presentation are common manifestations.

PRACTICE FRAMEWORK

Before using the reference tables in Section Three, practice on at least three charts you know well. For each hard aspect, work through all five steps and see what health theme emerges. You are training the pattern recognition muscle.

Three Things to Do Before Moving to the Reference Tables

1. Pick one hard aspect from your own chart. Run it through all five steps.
2. Look up each placement's degree in Section Three. Do the degree associations add anything?
3. Check the opposition axis for each placement. Does the compensation mechanism tell a different story?

SECTION THREE

Aries

Fire, Cardinal, House 1, Ruled by Mars, Opposite Sign Libra

PRIMARY BODY SYSTEMS

Head, eyes, skull, brain, sinuses, face.

MEDICAL ASTROLOGY OVERVIEW

Aries is the first sign, the top of the body, and it operates like Mars itself: fast, hot, and direct. When something goes wrong in an Aries placement, it announces itself. There is nothing subtle about Aries health patterns. Head injuries, migraines, inflammatory flares, sinus infections that hit hard and fast, eye strain that comes out of nowhere. The cardinal fire energy means these events erupt suddenly rather than building slowly, and they often resolve just as quickly when the energy is redirected.

The most important thing to understand about Aries in medical astrology is the inflammation factor. Mars rules both Aries and the body's acute inflammatory response. Anywhere you see a hard aspect to an Aries coded placement, or any planet sitting at an Aries coded degree (1, 13, or 25), you are looking at a potential inflammation story. That could be literal inflammatory conditions in the head and face region, or it could be the body's inflammatory system being generally overactivated, manifesting in whatever house or sign the aspecting planet occupies.

The opposite sign Libra rules the kidneys and adrenal glands. This is a critical compensation axis. When the head and inflammatory systems are chronically overloaded under Aries, the Libra kidneys and adrenals work overtime trying to filter and clear the inflammatory load. Watch for the Aries Libra polarity in any chart with chronic head issues. Blood sugar dysregulation, adrenal fatigue, and lower back strain often accompany what looks like a purely Aries head health pattern.

Hard aspects to Aries placements are among the most physically obvious in the zodiac. Clients with prominent Aries patterns in hard aspect will often describe a history of head injuries, recurring migraines, persistent sinus problems, or conditions that arrived suddenly and dramatically. Trust what you see. Aries does not hide.

How to Read the Table Below

Degree: The degree number within Aries (1 through 29).
Planet of Degree: The ruling planet of the degree sign in the cycle.
Ailments: Health associations for this degree when it appears in a hard or soft aspect pattern.
Opposition Axis: The opposing degree and sign with the health theme at that polarity.

Degree	Planet of Degree	Ailments	Opposition Axis
1°	Mars (Aries)	Head injuries, skull fractures, lacerations to the face or scalp; elevated risk of concussive injury; impulsive accidents affecting the cranial region; scalp trauma	1° Libra: Mental strain, insomnia, obsessive decision making
2°	Venus (Taurus)	Brain disorders, concussions, mental strain from overexertion; cognitive fatigue cycling; risk of neurological misfiring and chronic brain fog	2° Libra: Nervous exhaustion, hypersensitivity to external stimuli
3°	Mercury (Gemini)	Neuralgia, cranial nerve overstimulation; stress related and tension headaches; trigeminal nerve irritation; facial nerve inflammation	3° Libra: Weakened immune response, adrenal fatigue, recurring infections
4°	Moon (Cancer)	High fevers, systemic inflammatory conditions; overheating; risk of heat induced stress throughout the body; pyrexia of unknown origin	4° Libra: Poor stress tolerance, vertigo, difficulty maintaining physical and emotional equilibrium
5°	Sun (Leo)	Cerebral hemorrhages, arterial rupture risk; elevated stroke susceptibility especially under blood pressure spikes; aneurysm sensitivity	5° Libra: Kidney sensitivity, chronic dehydration, poor water metabolism
6°	Mercury (Virgo)	Eye strain, optic nerve inflammation, vision disturbances; photosensitivity; digital eye strain; recurrent subconjunctival hemorrhages	6° Libra: Lower back weakness, lumbar spine vulnerability, postural decline
7°	Venus (Libra)	Right eye sensitivity (men) / left eye (women); chronic or acute sinus infections; frontal sinus pressure; sinusitis with headache	7° Libra: Urinary tract infections, kidney stone susceptibility
8°	Pluto/Mars (Scorpio)	Sinus congestion, nasal polyps, allergic rhinitis; facial inflammation and swelling; recurrent sinus infections; maxillary sinus sensitivity	8° Libra: Hormonal imbalances affecting kidneys and adrenal glands
9°	Jupiter (Sagittarius)	Ear infections, otitis media, tinnitus risk; inner ear disturbances causing vertigo; vestibular dysfunction; balance disorders	9° Libra: Blood sugar fluctuations
10°	Saturn (Capricorn)	Upper jaw pain, dental infections, gum disease, tooth abscesses; bruxism complications; TMJ jaw inflammation; root canal sensitivity	10° Libra: Overactive nervous system from social and relational demands
11°	Saturn/Uranus (Aquarius)	Scalp conditions including dandruff, seborrheic dermatitis; alopecia and pattern hair loss; scalp inflammation; folliculitis	11° Libra: Venous insufficiency in the lower body
12°	Jupiter/Neptune (Pisces)	Facial skin rashes, cystic acne, heat induced burns; rosacea tendencies; contact dermatitis on the face; erythema	12° Libra: Weak adrenal function, cortisol dysregulation, chronic exhaustion that does not resolve with rest
13°	Mars (Aries)	Blood circulation irregularities in the head; hypertension risk; vascular tension in the cranial region; intracranial pressure concerns	13° Libra: Skin sensitivity, allergic rashes, hives
14°	Venus (Taurus)	Sunstroke, heat exhaustion, photosensitivity; dehydration risk; difficulty regulating body temperature in heat	14° Libra: Poor peripheral circulation causing cold extremities
15°	Mercury (Gemini)	Insomnia, hyperactive nervous system, chronic stress disorders; cortisol dysregulation preventing sleep; adrenal activation at night	15° Libra: Emotional depletion from relational over giving
16°	Moon (Cancer)	ADHD tendencies, impulsive nervous system responses; executive function challenges; sensory hypersensitivity; attention dysregulation	16° Libra: Stress related IBS
17°	Sun (Leo)	Skull base and brainstem vulnerability; potential neurological disorders; cervical cranial nerve impingement; posterior fossa sensitivity	17° Libra: Chronic indecision creating nervous tension and anxiety
18°	Mercury (Virgo)	Pituitary gland dysfunction, hormone cascade disruption; thyroid signaling misfires originating in the brain; HPA axis dysregulation	18° Libra: Bladder infections, cystitis, urinary imbalances
19°	Venus (Libra)	Jaw dislocations, bruxism, TMJ disorders; dental malocclusion; facial muscle tension from habitual jaw clenching	19° Libra: Lumbar disc herniation risk
20°	Pluto/Mars (Scorpio)	High adrenaline surges, chronic stress activation; panic attacks; fight or flight dysregulation; adrenal hyperstimulation	20° Libra: Dehydration vulnerability, electrolyte imbalances
21°	Jupiter (Sagittarius)	Involuntary facial tics, trigeminal neuralgia; persistent facial muscle tension; Bell's palsy risk; hemifacial spasm	21° Libra: Skin dryness, hair thinning, nail brittleness

Degree	Planet of Degree	Ailments	Opposition Axis
22°	Saturn (Capricorn)	Easy bruising around the face and head; accident prone patterns in the cranial zone; platelet related healing delays	22° Libra: Poor posture driving chronic back pain
23°	Saturn/Uranus (Aquarius)	Cuts, burns, and abrasions on the upper body and face; wound infections; impaired local immune response to surface injuries	23° Libra: Weakened immune system
24°	Jupiter/Neptune (Pisces)	Wounds taking longer than expected to heal; elevated infection risk at wound sites; poor localized immune mobilization	24° Libra: Urinary tract susceptibility, environmental toxin sensitivity
25°	Mars (Aries)	Blood clot risk in cerebral or cranial circulation; stroke risk from circulatory blockage; deep vein issues with cephalic expression	25° Libra: Emotional imbalances creating somatic illness
26°	Venus (Taurus)	Cluster headaches, pressure based migraines; inner ear dysfunction; barotrauma sensitivity; pressure imbalances in the skull	26° Libra: Overactive mind disrupting sleep
27°	Mercury (Gemini)	Sudden blood pressure spikes; orthostatic hypotension causing dizziness; syncope risk; vascular instability	27° Libra: Burnout from sustained external stressors
28°	Moon (Cancer)	Epileptic tendencies, tonic clonic or absence seizure risk; photosensitive seizure triggers; electrical nervous system disruption	28° Libra: Hormonal fluctuations, endocrine dysregulation
29°	Sun (Leo)	Brain inflammation, meningitis risk; extreme heat sensitivity; cranial inflammatory conditions; febrile seizure vulnerability	29° Libra: Kidney weakness, sluggish filtration function

SECTION THREE

Taurus

Earth, Fixed, House 2 Ruled by Venus, Opposite Sign Scorpio

PRIMARY BODY SYSTEMS

Throat, thyroid, cervical spine, vocal cords, neck.

MEDICAL ASTROLOGY OVERVIEW

Taurus is the second sign, fixed earth ruled by Venus, and it governs the throat region from the chin to the collarbone. The thyroid, vocal cords, cervical spine, and lymph nodes of the neck all fall under this archetype. Taurus health patterns have one defining quality: they are slow, stubborn, and deeply resistant to quick resolution. Whatever health condition takes root in Taurus territory tends to settle in and stay.

The thyroid is the standout Taurus health signature. Hypo and hyperthyroidism are among the most commonly observed patterns in charts with prominent Taurus placements or hard aspects to Venus. The thyroid regulates metabolism, temperature, energy production, and weight, which is why Taurus health conditions often carry that heavy, sluggish quality. Hashimoto's thyroiditis in particular tends to appear in charts with Taurus under sustained hard aspect pressure.

Neck tension is another primary Taurus signature that is often overlooked. The cervical spine is where we carry the unspoken, where stubbornness lives in the muscles. Clients with prominent Taurus placements under hard aspect almost always report chronic neck tension, whiplash vulnerability, or a tendency to carry stress in the upper trapezius and neck.

The opposite sign Scorpio rules the reproductive system, elimination, and hormonal depth. The Taurus Scorpio polarity creates one of the most significant health axes in the zodiac. When the thyroid and metabolism are struggling, the reproductive hormones often compensate chaotically. This is a common dynamic in PMOS (formerly known as PCOS), where thyroid dysfunction and reproductive hormonal imbalance run together. Always check both ends of this axis when either sign is prominent and under pressure.

How to Read the Table Below

Degree: The degree number within Taurus (1 through 29).
Planet of Degree: The ruling planet of the degree sign in the cycle.
Ailments: Health associations for this degree when it appears in a hard or soft aspect pattern.
Opposition Axis: The opposing degree and sign with the health theme at that polarity.

Degree	Planet of Degree	Ailments	Opposition Axis
1°	Mars (Aries)	Throat inflammation, vocal cord strain, tonsillitis; chronic pharyngitis; cold air sensitivity in the throat	1° Scorpio: Reproductive system sensitivity, hormonal imbalances
2°	Venus (Taurus)	Thyroid imbalances, goiter, sluggish metabolism; hypo or hyperthyroidism; iodine deficiency sensitivity; Hashimoto's risk	2° Scorpio: Sexual health vulnerability, risk of reproductive infections
3°	Mercury (Gemini)	Neck stiffness, cervical vertebrae misalignment; whiplash vulnerability; chronic upper trapezius and SCM tension	3° Scorpio: Strong regenerative capacity but prone to deep seated psychosomatic stress
4°	Moon (Cancer)	Jaw tension, bruxism, TMJ disorders; teeth grinding during sleep; chronic facial and jaw pain from misalignment	4° Scorpio: Vulnerability to toxic substances and chemical overload
5°	Sun (Leo)	Bone decalcification, brittle bones, early osteoporosis; calcium absorption dysfunction; mineral depletion from chronic stress	5° Scorpio: Obsessive behavioral patterns affecting digestive and metabolic health
6°	Mercury (Virgo)	Slow digestive transit linked to esophageal and swallowing reflex issues; dysphagia; esophageal hypomotility	6° Scorpio: Poor blood flow in the lower extremities
7°	Venus (Libra)	Weight gain concentrated in the upper body; sluggish lymphatic drainage in the neck and chest; lymphedema risk	7° Scorpio: Hidden health conditions that go undiagnosed
8°	Pluto/Mars (Scorpio)	Persistent sore throat, chronic hoarseness, laryngitis; vocal cord nodules; recurrent throat infections	8° Scorpio: Deep psychological stress creating somatic illness
9°	Jupiter (Sagittarius)	Tonsil infections, adenoid inflammation, cervical lymph node swelling; mucus buildup in the throat	9° Scorpio: Eye health sensitivity, vision deterioration over time
10°	Saturn (Capricorn)	Overindulgence patterns contributing to obesity or metabolic syndrome; insulin resistance; blood sugar dysregulation	10° Scorpio: Emotional suppression causing gut disorders
11°	Saturn/Uranus (Aquarius)	Poor circulation to the neck and head; varicose vein risk; venous insufficiency in the upper body	11° Scorpio: Extreme physical endurance but high risk of overtaxing systemic limits
12°	Jupiter/Neptune (Pisces)	Metabolic imbalances, excessive appetite, type 2 diabetes risk; poor glucose regulation; hormonal weight gain	12° Scorpio: Strong baseline immune function but susceptibility to autoimmune flares under sustained emotional st
13°	Mars (Aries)	Anxiety induced throat spasms, globus sensation, nervous constriction of the throat; psychosomatic tightness	13° Scorpio: Psychosomatic illness patterns
14°	Venus (Taurus)	Vertebral artery compression or stenosis in the neck; cervicogenic headaches; vascular neck pain	14° Scorpio: Heart palpitations driven by emotional intensity
15°	Mercury (Gemini)	Chronic throat and upper respiratory tract inflammation; persistent mucus and congestion; recurrent pharyngitis	15° Scorpio: Chronic fatigue syndrome tendencies
16°	Moon (Cancer)	Thyroid nodules, goiter, hormonal cascade imbalances affecting metabolism, weight, energy, and temperature	16° Scorpio: Elevated tumor risk, both benign and malignant
17°	Sun (Leo)	Lymphatic congestion in the cervical region, sluggish immune response; swollen lymph nodes that persist	17° Scorpio: Colitis, colorectal sensitivity
18°	Mercury (Virgo)	Swallowing difficulties, esophageal spasms, acid reflux; GERD; esophageal hypersensitivity to food	18° Scorpio: High emotional frustration affecting the nervous system
19°	Venus (Libra)	Lower jaw misalignment, speech impediments from dental structure; dental crowding; underbite or overbite complications	19° Scorpio: Emotional repression manifesting as systemic inflammation
20°	Pluto/Mars (Scorpio)	Sinus infections draining into the throat; nasal polyps causing postnasal drip; chronic congestion and throat irritation	20° Scorpio: High adrenaline stress response creating cardiovascular load

Degree	Planet of Degree	Ailments	Opposition Axis
21°	Jupiter (Sagittarius)	Chronic cervical spine pain; upper trapezius trigger points; neck immobility from postural misalignment; torticollis	21° Scorpio: Chronic insomnia from restlessness and hypervigilance
22°	Saturn (Capricorn)	Excessive phlegm production, chronic postnasal drip; thick mucus secretions; catarrh	22° Scorpio: Impulsive behavior leading to accidents
23°	Saturn/Uranus (Aquarius)	Chronic dry cough, persistent throat irritation; laryngopharyngeal reflux; reactive airway sensitivity	23° Scorpio: Physical depletion from scattered or unfocused energy expenditure
24°	Jupiter/Neptune (Pisces)	Respiratory allergies, asthma triggered by throat level irritants; bronchial hypersensitivity to inhalants	24° Scorpio: Chronic tension in reproductive organs
25°	Mars (Aries)	Throat swelling, lymphatic obstruction, peritonsillar abscess risk; recurring throat infections with lymph involvement	25° Scorpio: Extreme self discipline overriding physical warning signs
26°	Venus (Taurus)	Slow recovery from respiratory infections; sluggish immune function in the upper respiratory tract; post viral fatigue	26° Scorpio: Risk taking behavior causing accidents
27°	Mercury (Gemini)	Vocal fatigue, loss of voice; vocal cord nodules or polyps; singer's throat; professional voice overuse	27° Scorpio: Strong constitution but prone to self sacrifice
28°	Moon (Cancer)	Benign cysts or tumors in the throat region; thyroid nodules; lipomas of the neck; risk of developing throat masses	28° Scorpio: Psychic and spiritual sensitivity creating somatic overwhelm
29°	Sun (Leo)	Tongue swelling, speech clarity issues; dysarthria; hypoglossal nerve sensitivity; macroglossia tendencies	29° Scorpio: Deep regenerative power undermined by self destructive patterns

SECTION THREE

Gemini

Air, Mutable, House 3, Ruled by Mercury, Opposite Sign Saggittarius

PRIMARY BODY SYSTEMS

Lungs, bronchial tubes, hands, arms, shoulders, nervous system.

MEDICAL ASTROLOGY OVERVIEW

Gemini is the third sign, mutable air ruled by Mercury, and it governs everything about exchange: the lungs exchange oxygen, the hands exchange through touch, the nervous system exchanges information throughout the body. Gemini health patterns are the most scattered and changeable in the zodiac, reflecting the mutable quality of this sign. What you often see in Gemini dominant charts is a wide range of symptoms that shift, vary, and refuse to consolidate into a single clear diagnosis.

The nervous system is the most critical Gemini health territory. Anxiety that lives in the chest and throat, restless energy that prevents sleep, scattered mental function that mimics ADHD, and tension that manifests in the hands and wrists are all classic Gemini signatures. The body is perpetually overstimulated, running faster than it can sustain.

Respiratory function is the second major Gemini domain. The connection between anxiety and breath is direct and immediate. Hard aspects to Gemini placements often show up as respiratory patterns with a strong anxiety component: breathing that becomes shallow under stress, reactive airways, and a general sense of the chest being tight or constricted when the mental body is overwhelmed.

The opposite sign Sagittarius rules the liver, hips, and the body's capacity for expansion and excess. When the Gemini nervous system is chronically overstimulated and the respiratory system is under strain, the Sagittarian liver often takes the metabolic hit. The liver's capacity to process stress hormones and metabolic waste is often the hidden factor in what presents as a purely Gemini nervous system pattern.

How to Read the Table Below

Degree: The degree number within Gemini (1 through 29).
Planet of Degree: The ruling planet of the degree sign in the cycle.
Ailments: Health associations for this degree when it appears in a hard or soft aspect pattern.
Opposition Axis: The opposing degree and sign with the health theme at that polarity.

Degree	Planet of Degree	Ailments	Opposition Axis
1°	Mars (Aries)	Vocal cord strain with a nervous system overlay; anxious energy affecting speech clarity and breath rhythm; stammering under stress	1° Sagittarius: Hip pain and stiffness, limited range of motion
2°	Venus (Taurus)	Nervous system hypersensitivity; elevated risk of birth complications in women; sensory overload patterns; hyperreactivity	2° Sagittarius: Sciatic nerve sensitivity, piriformis syndrome, chronic sciatica
3°	Mercury (Gemini)	Respiratory sensitivity, obsessive thought patterns worsening lung function; mild asthma or reactive airways; chronic worry	3° Sagittarius: Muscular overexertion
4°	Moon (Cancer)	Strong mental function but prone to cognitive overexertion; eye strain from sustained reading or screens; visual focus difficulties	4° Sagittarius: Vision issues, nearsightedness or farsightedness
5°	Sun (Leo)	Hyperactivity, insomnia, nervous tics; adrenaline overuse leading to systemic depletion; restless leg syndrome	5° Sagittarius: Liver sensitivity, poor fat metabolism
6°	Mercury (Virgo)	Stress related illness from legal or contractual pressures; emotional compartmentalization weakening immunity; burnout from overthinking	6° Sagittarius: Liver toxicity from alcohol, medications, or dietary overload
7°	Venus (Libra)	Avoids serious illness but susceptible to recurring mild respiratory infections; bronchitis; persistent chest colds	7° Sagittarius: Poor circulation in the legs
8°	Pluto/Mars (Scorpio)	Prone to fevers and sinus infections; upper respiratory inflammatory reactions; heat type inflammation in the chest	8° Sagittarius: High energy output but adrenal fatigue risk
9°	Jupiter (Sagittarius)	Sensitive hearing and auditory processing; migraines with sound triggers; nervous system overstimulation from noise	9° Sagittarius: Susceptibility to high fevers
10°	Saturn (Capricorn)	Social and humanitarian over involvement creating nervous exhaustion; difficulty setting limits on mental output	10° Sagittarius: Risk of burns from fire, heat, or friction
11°	Saturn/Uranus (Aquarius)	Periodic vision disturbances; scattered mental energy leading to physical fatigue; visual migraines or auras	11° Sagittarius: Athletic tendencies with high muscle tear risk
12°	Jupiter/Neptune (Pisces)	Weakened immune response from missed health signals; difficult recovery from illness; secondary infection susceptibility	12° Sagittarius: Strong physical endurance but requires structured rest cycles to avoid breakdown
13°	Mars (Aries)	Racing thoughts causing insomnia; mental hyperactivity; inability to enter deep restorative sleep; chronic rumination	13° Sagittarius: Excessive sexual energy creating hormonal dysregulation
14°	Venus (Taurus)	Overactive nervous system with scattered energy; extreme difficulty maintaining sustained mental focus; sensory overload	14° Sagittarius: Fire related injuries
15°	Mercury (Gemini)	Environmental sensitivity; skin reactions and allergies driven by nervous system overstimulation; contact or atopic dermatitis	15° Sagittarius: Chronic overactivity and restlessness
16°	Moon (Cancer)	Anxiety related heart rate irregularities; erratic blood pressure; palpitations from nervous system hyperactivation	16° Sagittarius: Recurring infections, skin boils, inflammatory skin conditions
17°	Sun (Leo)	Injury prone hands and wrists; repetitive strain injuries; carpal tunnel syndrome; tendon and ligament vulnerability in the fingers	17° Sagittarius: Breathing issues, reactive airways
18°	Mercury (Virgo)	Relational nervous tension manifesting as physical exhaustion; emotional imbalances draining systemic energy	18° Sagittarius: Cold and flu susceptibility
19°	Venus (Libra)	Psychological stress, extreme emotional highs and lows; nervous breakdown risk; anxiety disorders with strong somatic expression	19° Sagittarius: Mental health sensitivity
20°	Pluto/Mars (Scorpio)	Overstimulation leading to burnout; scattered curiosity creating physical vulnerability; intellectual overextension	20° Sagittarius: Skepticism of conventional medicine leading to delayed or inadequate treatment
21°	Jupiter (Sagittarius)	Eye strain from digital screens; dry eye syndrome; scattered visual focus; ophthalmic fatigue	21° Sagittarius: Restless insomnia
22°	Saturn (Capricorn)	Hand and arm injury susceptibility; persistent nervous agitation; tremors or twitching in the extremities	22° Sagittarius: Poor spatial balance

Degree	Planet of Degree	Ailments	Opposition Axis
23°	Saturn/Uranus (Aquarius)	Recurring eye infections, conjunctivitis; chronic eye inflammation; vision instability over time	23° Sagittarius: Heart palpitations from stress or physical overexertion
24°	Jupiter/Neptune (Pisces)	Active social and mental lifestyle creating systemic overexertion; adrenal fatigue from sustained high output	24° Sagittarius: Accident risk during sports, outdoor activity, or travel
25°	Mars (Aries)	Respiratory concerns from nervous excitement; hyperventilation tendency; breathing irregularities tied to anxiety	25° Sagittarius: Overconsumption of alcohol, sugar, or rich food
26°	Venus (Taurus)	Coordination and balance difficulties affecting fine motor function; proprioceptive sensitivity; clumsiness	26° Sagittarius: Joint stiffness, hip and knee arthritis
27°	Mercury (Gemini)	Home and family stress creating somatic illness; stress related physical symptoms tied to domestic pressures	27° Sagittarius: Good natural flexibility but rapid stiffening from immobility
28°	Moon (Cancer)	Seasonal allergies, pollen and mold sensitivity; immune reactivity to outdoor environmental triggers	28° Sagittarius: Vision and balance disturbances
29°	Sun (Leo)	Cognitive burnout from obsessive information gathering; mental exhaustion from sustained overstimulation	29° Sagittarius: Health challenges in early life with significant resilience and recovery developing in later years

SECTION THREE

Cancer

Water, Cardinal, House 4, Ruled by Moon, Opposite Sign Capricorn

PRIMARY BODY SYSTEMS

Stomach, chest, breasts, diaphragm, mucous membranes, lymphatic system.

MEDICAL ASTROLOGY OVERVIEW

Cancer is the fourth sign, cardinal water ruled by the Moon, and it governs the chest cavity, stomach, and the body's fluid regulation systems. More than any other sign, Cancer health patterns are driven by the gut brain axis. What is happening emotionally is happening physically, and in Cancer territory, the stomach is the most direct barometer of the emotional state.

The stomach is the primary Cancer health signature. Acid reflux, gastritis, nausea, bloating, and stress triggered digestive irregularity are all Cancer presentations. These symptoms are almost never purely physical in origin. They arise from emotional states, intensify during periods of relational stress, and often resolve when the emotional environment stabilizes. Clients with prominent Cancer placements will frequently describe digestive symptoms that appeared after a loss, a move, a breakup, or any major emotional disruption.

The lymphatic system is the second major Cancer health territory. Lymphatic congestion, chronic fluid retention, and conditions involving excess mucus production are Cancer signatures. When this sign is under hard aspect pressure, the lymph tends to stagnate and the body's ability to clear pathogens slows down.

The opposite sign Capricorn rules the bones, joints, and skeletal structure. The Cancer Capricorn polarity creates a profound body mind health axis. When the emotional body is under sustained pressure and the gut is compromised, the Capricorn skeletal system often responds with rigidity, calcification, and restriction. Chronic digestive issues and chronic joint pain frequently run together in charts with a prominent Cancer Capricorn axis.

How to Read the Table Below

Degree: The degree number within Cancer (1 through 29).
Planet of Degree: The ruling planet of the degree sign in the cycle.
Ailments: Health associations for this degree when it appears in a hard or soft aspect pattern.
Opposition Axis: The opposing degree and sign with the health theme at that polarity.

Degree	Planet of Degree	Ailments	Opposition Axis
1°	Mars (Aries)	Sensitive stomach lining, acid reflux, chronic indigestion; gastric hypersensitivity; reactive to both food and emotional stress	1° Capricorn: Bone density concerns, weak knees, chronic joint pain
2°	Venus (Taurus)	Diaphragm tension, breathing irregularities; upper chest tightness from emotional holding; anxiety linked respiratory constriction	2° Capricorn: Ligament strain and laxity, knee instability
3°	Mercury (Gemini)	Psychosomatic stomach pain; emotional digestion issues; gut brain axis dysfunction; nervous stomach without physical cause	3° Capricorn: Dry, cracking skin
4°	Moon (Cancer)	Rib cage vulnerability, costochondritis risk; rib fractures from trauma; chest wall inflammation and sternal tenderness	4° Capricorn: Poor peripheral circulation causing cold hands and feet
5°	Sun (Leo)	Stomach ulcers, excessive gastric acid production, gastritis; H. pylori susceptibility; chronic epigastric pain	5° Capricorn: Stiff joints, osteoarthritis tendencies, chronic muscular tension
6°	Mercury (Virgo)	Lymphatic congestion, sluggish immune response, chronic fluid retention; edema in the abdomen and limbs	6° Capricorn: Spinal rigidity, lumbar or thoracic misalignment
7°	Venus (Libra)	Lung sensitivity, asthma triggers, wheezing; chest tightness; reactive airway syndrome at the lung chest interface	7° Capricorn: Weak cartilage, early degenerative joint disease
8°	Pluto/Mars (Scorpio)	Breast tissue sensitivity, fibrocystic breast tissue, cysts or benign lumps; hormonal breast changes and swelling	8° Capricorn: Kidney strain, accumulation of metabolic waste
9°	Jupiter (Sagittarius)	Weak diaphragm function, shallow breathing patterns, lung function disorders; chronic respiratory insufficiency	9° Capricorn: Chronic fatigue, persistent energy depletion, adrenal burnout
10°	Saturn (Capricorn)	Emotional eating patterns, obesity risk from stress related food behavior; water retention and chronic bloating	10° Capricorn: Hypothermia sensitivity, poor heat generation and retention
11°	Saturn/Uranus (Aquarius)	Poor digestive motility, slow gut transit, microbiome dysbiosis; malabsorption; SIBO risk	11° Capricorn: Immune system suppression from chronic overwork
12°	Jupiter/Neptune (Pisces)	Whole body fluid retention, abdominal bloating, edema; lymphatic sluggishness; swollen extremities from poor drainage	12° Capricorn: Muscle stiffness, poor flexibility, cramping
13°	Mars (Aries)	Stress induced stomach cramps, IBS, food intolerances; gut hypersensitivity directly tied to emotional states	13° Capricorn: Nervous system tension manifesting as chronic anxiety
14°	Venus (Taurus)	Pancreatic imbalances, blood sugar irregularities; insulin sensitivity; digestive enzyme insufficiency	14° Capricorn: Chronic knee pain, meniscus degeneration, patellar tracking dysfunction
15°	Mercury (Gemini)	Lactose intolerance, dairy sensitivities; mucus production from food triggers; digestive inefficiency with dairy	15° Capricorn: Premature skin aging, sun damage accumulation
16°	Moon (Cancer)	Chest congestion, susceptibility to bronchitis and chest colds; difficulty clearing pulmonary mucus	16° Capricorn: Fracture risk, slow bone healing
17°	Sun (Leo)	Emotional sensitivity directly disrupting gut function; nervous IBS; stomach upset from emotional events	17° Capricorn: Structural spinal misalignment, scoliosis, vertebral compression
18°	Mercury (Virgo)	Heartburn, esophageal spasms, acid reflux; GERD; burning sensation from chest to throat after eating	18° Capricorn: Rheumatism, joint inflammation, stiffness and swelling
19°	Venus (Libra)	Fluid imbalances, lymphedema, swelling in the extremities; poor tissue fluid regulation	19° Capricorn: Spinal nerve compression, disc herniation causing nerve impingement
20°	Pluto/Mars (Scorpio)	Dairy and fat sensitivity, gas, abdominal distension, sluggish bowel; food triggered bloating	20° Capricorn: Chronic tension headaches from sustained physical and mental stress

Degree	Planet of Degree	Ailments	Opposition Axis
21°	Jupiter (Sagittarius)	Appetite dysregulation from emotional distress; cycles of over or under eating; disrupted hunger signaling	21° Capricorn: Slow metabolism, weight retention from sluggish metabolic rate
22°	Saturn (Capricorn)	Sinus congestion linked to digestive sluggishness; food allergy related nasal congestion; systemic dietary inflammation	22° Capricorn: Sensitivity to calcium and mineral imbalances
23°	Saturn/Uranus (Aquarius)	Stomach polyps, peptic ulcer risk; difficulty digesting fats; gallbladder related poor fat metabolism	23° Capricorn: Chronic illness patterns with long recovery cycles
24°	Jupiter/Neptune (Pisces)	Water metabolism dysfunction; chronic dehydration or fluid overload; excessive thirst; electrolyte imbalance	24° Capricorn: Strong physical endurance but vulnerability to over exhaustion
25°	Mars (Aries)	Liver sensitivity and stress; prone to hepatic toxicity from chemical or emotional load; sluggish liver detoxification	25° Capricorn: Progressive joint degeneration, late life arthritis
26°	Venus (Taurus)	Food allergy and intolerance reactivity; heightened immune response to common foods; diet driven systemic inflammation	26° Capricorn: Knee dislocation risk
27°	Mercury (Gemini)	Nausea, motion sickness, chronic nausea without clear GI cause; inner ear gut connection hypersensitivity	27° Capricorn: Burnout from excessive self discipline and overcommitment
28°	Moon (Cancer)	Spleen related concerns, inefficient blood filtering; anemia tendencies; reduced platelet function	28° Capricorn: Weakened bone structure, advanced osteoporosis risk
29°	Sun (Leo)	Emotional eating as an entrenched chronic pattern; digestive stress directly tied to mood and emotional state	29° Capricorn: Stubborn entrenched health conditions

SECTION THREE

Leo

Fire, Fixed, House 5, Ruled by Sun, Opposite Sign Aquarius

PRIMARY BODY SYSTEMS

Heart, spine (thoracic), upper back, aorta, cardiovascular system.

MEDICAL ASTROLOGY OVERVIEW

Leo is the fifth sign, fixed fire ruled by the Sun, and it governs the heart, the spine, and the body's capacity for sustained radiant output. Leo health patterns are almost always about the cost of performance: the heart and cardiovascular system bearing the load of sustained high output, and the adrenal system driving the engine long after it should have been given time to rest.

The heart is the defining Leo health signature. Leo placements under hard aspect, or planets at Leo coded degrees (5, 17, 29), will almost always show some form of cardiovascular vulnerability. This might manifest as literal heart conditions in severe cases, or as the subtler pattern of a cardiovascular system under chronic stress from the Leo tendency to give everything and rest nothing. Arrhythmias, palpitations, elevated blood pressure, and exhaustion driven cardiac strain are the most common presentations.

The spine is the second major Leo health domain, particularly the thoracic spine. Postural rigidity, interscapular tension, and upper spinal conditions often correspond to Leo placements under pressure. The connection between pride and the spine is remarkably literal in medical astrology.

The opposite sign Aquarius rules the peripheral circulation and the electrical nervous system. The Leo Aquarius polarity creates a critical cardiovascular health axis. When the Leo heart is under strain, the Aquarian circulation tends to go erratic: irregular rhythms in the peripheral vascular system and conditions that involve both cardiac and nervous system components simultaneously.

How to Read the Table Below

Degree: The degree number within Leo (1 through 29).
Planet of Degree: The ruling planet of the degree sign in the cycle.
Ailments: Health associations for this degree when it appears in a hard or soft aspect pattern.
Opposition Axis: The opposing degree and sign with the health theme at that polarity.

Degree	Planet of Degree	Ailments	Opposition Axis
1°	Mars (Aries)	Heart palpitations, emotional stress directly impacting cardiac rhythm; anxiety induced arrhythmia; racing heart under emotional load	1° Aquarius: Poor circulation causing cold extremities
2°	Venus (Taurus)	Blood circulation issues, high or low blood pressure; poor peripheral circulation; cardiovascular strain from lifestyle excess	2° Aquarius: Nervous system overstimulation, anxiety disorders
3°	Mercury (Gemini)	Thoracic spinal tension; postural rigidity in the upper back; interscapular muscle strain; rhomboid and trapezius tightening	3° Aquarius: Unexpected leg and ankle injuries
4°	Moon (Cancer)	Chest inflammation, pericarditis risk; pleuritis; inflammatory conditions in the chest cavity; cardiac membrane sensitivity	4° Aquarius: Varicose veins, leg cramps, chronic venous insufficiency
5°	Sun (Leo)	Cardiovascular risks from overexertion; tendency to push physical limits unsustainably; athletic heart syndrome	5° Aquarius: Nervous exhaustion from sustained mental or electromagnetic load
6°	Mercury (Virgo)	Overheating, heat driven fevers, sunstroke risk; inflammatory conditions worsened by heat; poor cooling mechanisms	6° Aquarius: Unusual or rare skin conditions
7°	Venus (Libra)	Structurally strong heart but prone to emotional blood pressure spikes; stress induced cardiac episodes	7° Aquarius: Sudden onset illness, immune system irregularities
8°	Pluto/Mars (Scorpio)	Heat sensitivity, excessive sweating, rapid dehydration; autonomic nervous system dysregulation around temperature	8° Aquarius: Brittle bones, vitamin D and calcium deficiency
9°	Jupiter (Sagittarius)	Nerve related cardiac issues; electrical conduction abnormalities; vagus nerve sensitivity; Wolff Parkinson White risk	9° Aquarius: Leg swelling, edema, difficulty with prolonged standing or sitting
10°	Saturn (Capricorn)	Heart arrhythmias, anxiety related palpitations; atrial fibrillation risk under prolonged stress	10° Aquarius: Restlessness causing sleep disruption
11°	Saturn/Uranus (Aquarius)	Chronically elevated heart rate under stress; sympathetic nervous system dominance; difficulty entering rest states	11° Aquarius: Chronic muscular tension, myofascial tightness
12°	Jupiter/Neptune (Pisces)	Spinal alignment issues causing disrupted blood flow; vertebral subluxations creating circulatory disturbance	12° Aquarius: Injuries from unexpected accidents
13°	Mars (Aries)	Thoracic spine stiffness, scoliosis tendencies; chronic upper back pain; postural decline in the thoracic region	13° Aquarius: Electromagnetic sensitivity
14°	Venus (Taurus)	Nerve pain along the spine; herniated discs in the thoracic region; radiculopathy; referred pain from the spine	14° Aquarius: Thyroid and pituitary gland irregularities
15°	Mercury (Gemini)	High energy output but strong burnout risk; stress induced hypertension; adrenal depletion from sustained overperformance	15° Aquarius: Mid life health crises, significant health disruptions in the 40s 50s
16°	Moon (Cancer)	Pride and ego driven stress manifesting as cardiovascular strain; suppressed anger and control patterns affecting the heart	16° Aquarius: Strong intuition but susceptibility to stress induced illness
17°	Sun (Leo)	Dramatic emotional outbursts creating measurable cardiovascular load; emotional volatility as a cardiac risk factor	17° Aquarius: Physical illness arising from unresolved emotional patterns
18°	Mercury (Virgo)	Strong immunity but tendency to override health warning signals; overconfidence leading to delayed medical attention	18° Aquarius: Emotional frustration manifesting as chronic muscular tension
19°	Venus (Libra)	Circulatory blockages, atherosclerosis risk; elevated cholesterol requiring management; poor lipid metabolism	19° Aquarius: Leg injuries and circulation blockages
20°	Pluto/Mars (Scorpio)	Sedentary lifestyle risk contributing to cardiovascular decline; cardiac health dependent on regular vigorous movement	20° Aquarius: High resilience but must carefully manage energy expenditure
21°	Jupiter (Sagittarius)	Overactive sympathetic nervous system; chronic fight or flight state; difficulty returning to parasympathetic regulation	21° Aquarius: Muscular rigidity, loss of spinal and limb flexibility
22°	Saturn (Capricorn)	Sun and heat triggered skin conditions; eczema worsened by warmth; heat rash; photosensitivity reactions	22° Aquarius: Erratic energy patterns

Degree	Planet of Degree	Ailments	Opposition Axis
23°	Saturn/Uranus (Aquarius)	Thoracic spine flexibility decline; risk of injury from poor spinal mobility; kyphosis tendencies	23° Aquarius: Nervous breakdown risk from sustained overstimulation
24°	Jupiter/Neptune (Pisces)	Lower back weakness bleeding into the lumbar spine; L1 L3 vertebral sensitivity; lumbar strain	24° Aquarius: Skeletal alignment issues, posture related chronic pain
25°	Mars (Aries)	Nervous exhaustion from sustained high output performance; structured stress management and recovery are essential	25° Aquarius: Nerve damage risk, hypersensitivity to pain stimuli
26°	Venus (Taurus)	Risk of sudden cardiac events when overworked or emotionally overwhelmed; myocardial vulnerability under extreme stress	26° Aquarius: Unusual immune responses, peripheral neuropathy, unpredictable health patterns
27°	Mercury (Gemini)	High energy levels requiring grounding disciplines to prevent nervous depletion; overactivation of sympathetic pathways	27° Aquarius: Long term physical stamina but requires structured recovery periods
28°	Moon (Cancer)	Hypertension risk under stress; must monitor resting heart rate and blood pressure; cardiac strain from chronic tension	28° Aquarius: Risk taking around health choices
29°	Sun (Leo)	Heart valve issues, mitral valve prolapse risk; circulatory irregularities; aortic valve sensitivity	29° Aquarius: Mental strain from overthinking creating psychosomatic physical symptoms

SECTION THREE

Virgo

Earth, Mutable, House 6, Ruled by Mercury, Opposite Sign Pisces

PRIMARY BODY SYSTEMS

Gut, small intestine, pancreas, spleen, digestive enzymes.

MEDICAL ASTROLOGY OVERVIEW

Virgo is the sixth sign, mutable earth ruled by Mercury, and it is the only sign that governs health as its primary domain. The sixth house, ruled by Virgo, is literally the house of health and daily routine. Virgo placements under hard aspect are among the most directly body relevant in the entire chart, and the health patterns associated with Virgo almost always follow a perfectionist's logic: the body breaking down precisely at the point where the nervous system and the gut are trying to process more than they can handle.

The gut is the defining Virgo health signature. IBS, enzyme insufficiency, malabsorption, dysbiosis, and the entire spectrum of digestive disorders that are worse under stress are all Virgo territory. When a Virgo dominant person is stuck in a loop of self criticism and perfectionist anxiety, the gut is the first place to register that stress.

The nervous system connection is equally important. Mercury rules Virgo, which means the analytical function of the mind is directly linked to the digestive system. The gut brain axis is a medical fact now, and Virgo understood it long before the research caught up.

The opposite sign Pisces rules the lymphatic system, feet, and immune function. The Virgo Pisces polarity is the health axis of the zodiac. When the Virgo gut is overwhelmed and the nervous system is burning out from over analysis, the Pisces immune system loses its coherence. Autoimmune conditions, chronic fatigue with an immune component, and the pattern of someone who is constantly ill often correspond to this axis under sustained pressure.

How to Read the Table Below

Degree: The degree number within Virgo (1 through 29).
Planet of Degree: The ruling planet of the degree sign in the cycle.
Ailments: Health associations for this degree when it appears in a hard or soft aspect pattern.
Opposition Axis: The opposing degree and sign with the health theme at that polarity.

Degree	Planet of Degree	Ailments	Opposition Axis
1°	Mars (Aries)	Sensitive intestines, constipation, sluggish bowel motility; IBS C pattern; digestive sluggishness from chronic tension	1° Pisces: Weakened immune system, frequent colds and viral infections
2°	Venus (Taurus)	Anxiety driven gut dysfunction; nervous system tension in the digestive tract; gut brain axis dysregulation; nervous IBS	2° Pisces: Nervous system hypersensitivity, anxiety conditions
3°	Mercury (Gemini)	Hyper focus causing physical muscular tension; stress induced somatic symptoms; obsessive thought patterns with body expression	3° Pisces: Poor coordination and balance, clumsiness, accident risk
4°	Moon (Cancer)	Overworking body and mind leading to burnout and adrenal fatigue; perfectionism driven chronic low grade exhaustion	4° Pisces: Digestive sensitivities, food intolerances, sluggish gut motility
5°	Sun (Leo)	Nutrient deficiency risks from poor absorption or restrictive eating; metabolic imbalances; fat soluble vitamin deficiency	5° Pisces: Water retention, generalized bloating, lymphatic stagnation
6°	Mercury (Virgo)	Digestive enzyme deficiency; poor nutrient absorption in the small intestine; exocrine pancreatic insufficiency; fat malabsorption	6° Pisces: Foot sensitivity, injury prone feet
7°	Venus (Libra)	Social anxiety manifesting as stomach upsets; embarrassment triggered digestive flares; nervous gut before social events	7° Pisces: Circulatory issues in the feet, poor peripheral blood flow
8°	Pluto/Mars (Scorpio)	Environmental sensitivities, food and chemical allergies; multiple chemical sensitivity; immune reactivity to environmental toxins	8° Pisces: Prone to fungal infections of the feet
9°	Jupiter (Sagittarius)	Weakened immune response, recurring minor infections; slow viral clearance; susceptibility to opportunistic pathogens	9° Pisces: Emotional sensitivity manifesting as physical illness
10°	Saturn (Capricorn)	Digestive parasites, food poisoning susceptibility; SIBO; gut dysbiosis from contaminated food or water	10° Pisces: Vision problems, blurry eyesight, nearsightedness
11°	Saturn/Uranus (Aquarius)	Difficulty distinguishing helpful from harmful substances; poor self regulation with supplements or diets; orthorexia risk	11° Pisces: Energetic boundary weakness causing chronic fatigue
12°	Jupiter/Neptune (Pisces)	Psychosomatic symptoms from chronic stress; muscular bracing, jaw clenching, tension headaches without physical cause	12° Pisces: Sleep disturbances, vivid or disturbing dreams
13°	Mars (Aries)	Sexual anxiety, stress driven hormonal imbalances; libido suppression from adrenal and nervous exhaustion	13° Pisces: High intuition but mental overstimulation causing nervous exhaustion
14°	Venus (Taurus)	Self neglect in health despite analytical awareness; malnutrition risk from restrictive or disordered eating patterns	14° Pisces: Depression risk, mood dysregulation, emotional instability
15°	Mercury (Gemini)	Repetitive strain injuries in hands, wrists, and forearms; carpal tunnel syndrome; overuse injuries from fine motor tasks	15° Pisces: Spinal misalignment causing back pain and postural collapse
16°	Moon (Cancer)	Susceptibility to health misinformation; idealism leading to poor medical decisions; orthorexia and health anxiety	16° Pisces: Foot arch collapse, flat feet, plantar fasciitis
17°	Sun (Leo)	Rigid diet and exercise habits creating nutritional imbalance; overly strict self imposed health regimens	17° Pisces: Extreme sensitivity to substances including medications, alcohol, and supplements
18°	Mercury (Virgo)	Chronic stress weakening the gut lining; leaky gut syndrome, gastritis, persistent digestive disorders from nervous tension	18° Pisces: Fluid retention, kidney and lymphatic sensitivity
19°	Venus (Libra)	Agricultural toxin exposure; heightened sensitivity to pesticide residues through food or occupational contact	19° Pisces: Digestive imbalances with rich or heavy foods
20°	Pluto/Mars (Scorpio)	Strong physical endurance but tendency to override fatigue signals and push through illness rather than rest	20° Pisces: Hyperactive imagination creating somatic symptoms

Degree	Planet of Degree	Ailments	Opposition Axis
21°	Jupiter (Sagittarius)	Hypochondria, excessive health monitoring; anxiety driven symptom amplification; health anxiety feedback loops	21° Pisces: Skin hypersensitivity, allergic rashes, hives
22°	Saturn (Capricorn)	Financial stress manifesting as physical illness; psychosomatic symptoms tied to work pressure and economic anxiety	22° Pisces: Inner ear dysfunction, vertigo, motion sickness
23°	Saturn/Uranus (Aquarius)	Natural healing orientation but tendency to neglect own health while helping others; caregiver burnout	23° Pisces: Emotional overwhelm causing physical exhaustion
24°	Jupiter/Neptune (Pisces)	Restlessness and nervous energy at rest; physical agitation from mental overactivity; tension remaining in the body during sleep	24° Pisces: Bronchial sensitivity, susceptibility to respiratory infections
25°	Mars (Aries)	High sensitivity to medications, treatments, and supplements; requires individualized care; polypharmacy and dosage risk	25° Pisces: Overactive dream state causing non restorative sleep
26°	Venus (Taurus)	Susceptibility to alternative health fads; over supplementation; harm from unregulated health products	26° Pisces: Physical stamina depletion
27°	Mercury (Gemini)	Strong mental function but requires consistent physical movement to prevent intellectual physical imbalance	27° Pisces: Nervous system overstimulation from environmental inputs
28°	Moon (Cancer)	Self imposed perfectionism creating stress illness; anxiety about meeting own health standards causing systemic depletion	28° Pisces: Natural healing sensitivity
29°	Sun (Leo)	Chronic neck and shoulder tension; nervous exhaustion; trapezius hypertonicity from sustained stress and overwork	29° Pisces: Heightened psychic sensitivity

SECTION THREE

Libra

Air, Cardinal, House 7th, Ruled by Venus, Opposite Sign Airies

PRIMARY BODY SYSTEMS

Kidneys, adrenal glands, skin, lower back, lumbar spine, blood sugar.

MEDICAL ASTROLOGY OVERVIEW

Libra is the seventh sign, cardinal air ruled by Venus, and it governs the kidneys, adrenal glands, skin, and the body's blood sugar regulation. The kidneys filter waste. The adrenals regulate the stress response. The skin maintains the body's protective barrier. All three of these functions are fundamentally about balance and boundary, which is exactly what Libra governs at the archetypal level.

The adrenal glands are the most clinically significant Libra health signature in the modern world. Adrenal fatigue, cortisol dysregulation, and the pattern of a stress response system that is chronically overactivated are all Libra presentations. The cardinal air quality means Libra reacts and responds constantly to its relational environment, and the adrenals are the physiological mechanism of that response. Clients with prominent Libra placements will frequently describe burning out from relational stress, difficulty saying no, and a body that cannot maintain its own equilibrium when the external environment demands too much.

The kidneys are the second major Libra health domain. Blood sugar regulation, water balance, and the filtering of metabolic waste all fall here. Venus's rulership adds a skin dimension: rashes, allergic skin reactions, and skin conditions that reflect what is happening in the kidney adrenal axis often appear alongside the other Libra patterns.

The opposite sign Aries rules the head, brain, and inflammatory systems. When the Libra adrenals are depleted and the kidneys are under stress, the Aries inflammatory system tends to flare. Clients with both adrenal fatigue and chronic inflammatory conditions are almost always showing a Libra Aries axis that is out of balance.

How to Read the Table Below

Degree: The degree number within Libra (1 through 29).
Planet of Degree: The ruling planet of the degree sign in the cycle.
Ailments: Health associations for this degree when it appears in a hard or soft aspect pattern.
Opposition Axis: The opposing degree and sign with the health theme at that polarity.

Degree	Planet of Degree	Ailments	Opposition Axis
1°	Mars (Aries)	Mental strain, insomnia, obsessive decision making; anxiety about fairness and balance affecting sleep quality	1° Aries: Head injuries, skull fractures, lacerations to the face or scalp
2°	Venus (Taurus)	Nervous exhaustion, hypersensitivity to external stimuli; overstimulation from relational or environmental stressors	2° Aries: Brain disorders, concussions, mental strain from overexertion
3°	Mercury (Gemini)	Weakened immune response, adrenal fatigue, recurring infections; vulnerability to burnout from relational overextension	3° Aries: Neuralgia, cranial nerve overstimulation
4°	Moon (Cancer)	Poor stress tolerance, vertigo, difficulty maintaining physical and emotional equilibrium; dizziness under pressure	4° Aries: High fevers, systemic inflammatory conditions
5°	Sun (Leo)	Kidney sensitivity, chronic dehydration, poor water metabolism; kidney stone tendency; low fluid intake patterns	5° Aries: Cerebral hemorrhages, arterial rupture risk
6°	Mercury (Virgo)	Lower back weakness, lumbar spine vulnerability, postural decline; sacroiliac joint instability; lumbar disc issues	6° Aries: Eye strain, optic nerve inflammation, vision disturbances
7°	Venus (Libra)	Urinary tract infections, kidney stone susceptibility; cystitis; urinary frequency; renal pelvis sensitivity	7° Aries: Right eye sensitivity (men) / left eye (women)
8°	Pluto/Mars (Scorpio)	Hormonal imbalances affecting kidneys and adrenal glands; emotional distress manifesting as kidney stress	8° Aries: Sinus congestion, nasal polyps, allergic rhinitis
9°	Jupiter (Sagittarius)	Blood sugar fluctuations; sensitivity to alcohol, caffeine, and stimulants; reactive hypoglycemia	9° Aries: Ear infections, otitis media, tinnitus risk
10°	Saturn (Capricorn)	Overactive nervous system from social and relational demands; sustained high stress; difficulty decompressing	10° Aries: Upper jaw pain, dental infections, gum disease, tooth abscesses
11°	Saturn/Uranus (Aquarius)	Venous insufficiency in the lower body; poor blood return from the legs; varicose veins; cold feet and lower limbs	11° Aries: Scalp conditions including dandruff, seborrheic dermatitis
12°	Jupiter/Neptune (Pisces)	Weak adrenal function, cortisol dysregulation, chronic exhaustion that does not resolve with rest	12° Aries: Facial skin rashes, cystic acne, heat induced burns
13°	Mars (Aries)	Skin sensitivity, allergic rashes, hives; contact dermatitis; immune mediated skin reactivity	13° Aries: Blood circulation irregularities in the head
14°	Venus (Taurus)	Poor peripheral circulation causing cold extremities; iron deficiency anemia; pallor; B12 absorption issues	14° Aries: Sunstroke, heat exhaustion, photosensitivity
15°	Mercury (Gemini)	Emotional depletion from relational over giving; chronic exhaustion from imbalanced giving; compassion fatigue	15° Aries: Insomnia, hyperactive nervous system, chronic stress disorders
16°	Moon (Cancer)	Stress related IBS; bowel irritability triggered by relational conflict; gut hypersensitivity from unresolved tension	16° Aries: ADHD tendencies, impulsive nervous system responses
17°	Sun (Leo)	Chronic indecision creating nervous tension and anxiety; decision fatigue manifesting as physical exhaustion	17° Aries: Skull base and brainstem vulnerability
18°	Mercury (Virgo)	Bladder infections, cystitis, urinary imbalances; sensitivity to holding urine; overactive or irritable bladder	18° Aries: Pituitary gland dysfunction, hormone cascade disruption
19°	Venus (Libra)	Lumbar disc herniation risk; L4 L5 weakness; sciatic nerve involvement; sacroiliac inflammation	19° Aries: Jaw dislocations, bruxism, TMJ disorders
20°	Pluto/Mars (Scorpio)	Dehydration vulnerability, electrolyte imbalances; poor fluid regulation; sodium potassium balance disruption	20° Aries: High adrenaline surges, chronic stress activation
21°	Jupiter (Sagittarius)	Skin dryness, hair thinning, nail brittleness; collagen depletion; accelerated skin aging	21° Aries: Involuntary facial tics, trigeminal neuralgia
22°	Saturn (Capricorn)	Poor posture driving chronic back pain; forward head posture; tension throughout the posterior chain muscles	22° Aries: Easy bruising around the face and head

Degree	Planet of Degree	Ailments	Opposition Axis
23°	Saturn/Uranus (Aquarius)	Weakened immune system; frequent colds and flu; slow immune mobilization against common viral exposure	23° Aries: Cuts, burns, and abrasions on the upper body and face
24°	Jupiter/Neptune (Pisces)	Urinary tract susceptibility, environmental toxin sensitivity; renal stress from chemical or dietary load	24° Aries: Wounds taking longer than expected to heal
25°	Mars (Aries)	Emotional imbalances creating somatic illness; unresolved grief or relational conflict manifesting physically	25° Aries: Blood clot risk in cerebral or cranial circulation
26°	Venus (Taurus)	Overactive mind disrupting sleep; racing thoughts causing chronic sleep deprivation; anxious overthinking at night	26° Aries: Cluster headaches, pressure based migraines
27°	Mercury (Gemini)	Burnout from sustained external stressors; nervous system depletion from relational and environmental demands	27° Aries: Sudden blood pressure spikes
28°	Moon (Cancer)	Hormonal fluctuations, endocrine dysregulation; thyroid adrenal ovarian axis imbalances; PMOS (formerly known as PCOS) adjacent patterns	28° Aries: Epileptic tendencies, tonic clonic or absence seizure risk
29°	Sun (Leo)	Kidney weakness, sluggish filtration function; chronic low grade renal insufficiency; proteinuria tendencies	29° Aries: Brain inflammation, meningitis risk

SECTION THREE

Scorpio

Water, Fixed, House 8, Ruled by Pluto / Mars, Opposite Sign Taurus

PRIMARY BODY SYSTEMS

Reproductive system, elimination organs, colon, hormones, immune depth.

MEDICAL ASTROLOGY OVERVIEW

Scorpio is the eighth sign, fixed water ruled by Pluto and Mars, and it governs the reproductive system, the elimination organs, the colon, and the immune system's deep tissue function. Scorpio rules what is hidden, what transforms, and what must be eliminated for regeneration to occur. In medical astrology, this translates to the body's most private and powerful systems.

The reproductive system is the defining Scorpio health signature. Endometriosis, PMOS, Polyendocrine Metabolic Ovarian Syndrome (formerly known as PCOS), fibroids, and the entire spectrum of reproductive system disorders fall under this archetype. What makes Scorpio health patterns distinctive is their hiddenness. Fixed water energy means these conditions settle in slowly, run deep, and are often normalized by the body before they become obvious enough to seek help. Scorpio placements under hard aspect frequently correspond to conditions that have been present for years before being diagnosed.

The emotional somatic connection is particularly strong in Scorpio. More than any other sign, these health conditions are linked to suppressed emotional content: unprocessed grief, unexpressed rage, buried trauma, and the physiological cost of holding what cannot yet be spoken. The reproductive and elimination systems are where the body stores what the psyche cannot yet metabolize.

The opposite sign Taurus rules the throat, thyroid, and metabolism. The Scorpio Taurus polarity is one of the most clinically significant health axes. When the reproductive and hormonal systems are under stress, the metabolic and thyroid function often compensates erratically. This is the underlying dynamic in conditions like PMOS, Polyendocrine Metabolic Ovarian Syndrome (formerly known as PCOS), where androgen excess disrupts thyroid and metabolic function.

How to Read the Table Below

Degree: The degree number within Scorpio (1 through 29).
Planet of Degree: The ruling planet of the degree sign in the cycle.
Ailments: Health associations for this degree when it appears in a hard or soft aspect pattern.
Opposition Axis: The opposing degree and sign with the health theme at that polarity.

Degree	Planet of Degree	Ailments	Opposition Axis
1°	Mars (Aries)	Reproductive system sensitivity, hormonal imbalances; menstrual irregularities; testosterone dysregulation in men	1° Taurus: Throat inflammation, vocal cord strain, tonsillitis
2°	Venus (Taurus)	Sexual health vulnerability, risk of reproductive infections; emotional suppression creating physiological tension in reproductive organs	2° Taurus: Thyroid imbalances, goiter, sluggish metabolism
3°	Mercury (Gemini)	Strong regenerative capacity but prone to deep seated psychosomatic stress; suppressed trauma affecting physical healing	3° Taurus: Neck stiffness, cervical vertebrae misalignment
4°	Moon (Cancer)	Vulnerability to toxic substances and chemical overload; liver stress from environmental toxins; difficulty detoxifying	4° Taurus: Jaw tension, bruxism, TMJ disorders
5°	Sun (Leo)	Obsessive behavioral patterns affecting digestive and metabolic health; compulsive habits creating physiological load	5° Taurus: Bone decalcification, brittle bones, early osteoporosis
6°	Mercury (Virgo)	Poor blood flow in the lower extremities; varicose veins in the legs; blood clot risk; venous stasis	6° Taurus: Slow digestive transit linked to esophageal and swallowing reflex issues
7°	Venus (Libra)	Hidden health conditions that go undiagnosed; atypical symptom presentation; conditions masked by other health issues	7° Taurus: Weight gain concentrated in the upper body
8°	Pluto/Mars (Scorpio)	Deep psychological stress creating somatic illness; strong potential for mental health disorders with physical expression	8° Taurus: Persistent sore throat, chronic hoarseness, laryngitis
9°	Jupiter (Sagittarius)	Eye health sensitivity, vision deterioration over time; retinal sensitivity; systemic conditions expressing through the eyes	9° Taurus: Tonsil infections, adenoid inflammation, cervical lymph node swelling
10°	Saturn (Capricorn)	Emotional suppression causing gut disorders; constipation from withheld emotion; gut brain axis blockage	10° Taurus: Overindulgence patterns contributing to obesity or metabolic syndrome
11°	Saturn/Uranus (Aquarius)	Extreme physical endurance but high risk of overtaxing systemic limits; ignoring depletion signals until breakdown	11° Taurus: Poor circulation to the neck and head
12°	Jupiter/Neptune (Pisces)	Strong baseline immune function but susceptibility to autoimmune flares under sustained emotional stress	12° Taurus: Metabolic imbalances, excessive appetite, type 2 diabetes risk
13°	Mars (Aries)	Psychosomatic illness patterns; deep tissue level illness manifestation; healing crises from energetic or emotional clearing	13° Taurus: Anxiety induced throat spasms, globus sensation, nervous constriction of the throat
14°	Venus (Taurus)	Heart palpitations driven by emotional intensity; cardiac stress from suppressed grief, rage, or fear	14° Taurus: Vertebral artery compression or stenosis in the neck
15°	Mercury (Gemini)	Chronic fatigue syndrome tendencies; persistent burnout from pushing past limits; systemic depletion	15° Taurus: Chronic throat and upper respiratory tract inflammation
16°	Moon (Cancer)	Elevated tumor risk, both benign and malignant; cysts, growths, and abnormal cell proliferation	16° Taurus: Thyroid nodules, goiter, hormonal cascade imbalances affecting metabolism, weight, energy
17°	Sun (Leo)	Colitis, colorectal sensitivity; appendicitis risk; digestive tract ulceration and inflammation; colorectal cancer risk	17° Taurus: Lymphatic congestion in the cervical region, sluggish immune response
18°	Mercury (Virgo)	High emotional frustration affecting the nervous system; anxiety disorders with strong physical expression; suppressed anger as illness	18° Taurus: Swallowing difficulties, esophageal spasms, acid reflux
19°	Venus (Libra)	Emotional repression manifesting as systemic inflammation; jealousy and suppressed emotion as autoimmune triggers	19° Taurus: Lower jaw misalignment, speech impediments from dental structure

Degree	Planet of Degree	Ailments	Opposition Axis
20°	Pluto/Mars (Scorpio)	High adrenaline stress response creating cardiovascular load; Mars driven lifestyle contributing to heart and circulatory strain	20° Taurus: Sinus infections draining into the throat
21°	Jupiter (Sagittarius)	Chronic insomnia from restlessness and hypervigilance; inability to rest even when exhausted; stress driven wakefulness	21° Taurus: Chronic cervical spine pain
22°	Saturn (Capricorn)	Impulsive behavior leading to accidents; risk taking creating physical injury; sudden trauma from unplanned action	22° Taurus: Excessive phlegm production, chronic postnasal drip
23°	Saturn/Uranus (Aquarius)	Physical depletion from scattered or unfocused energy expenditure; systemic fatigue from poor energy management	23° Taurus: Chronic dry cough, persistent throat irritation
24°	Jupiter/Neptune (Pisces)	Chronic tension in reproductive organs; ovarian cysts, uterine fibroids, testicular sensitivity and varicocele	24° Taurus: Respiratory allergies, asthma triggered by throat level irritants
25°	Mars (Aries)	Extreme self discipline overriding physical warning signs; ignoring pain and symptoms that require medical attention	25° Taurus: Throat swelling, lymphatic obstruction, peritonsillar abscess risk
26°	Venus (Taurus)	Risk taking behavior causing accidents; emotional trauma creating lasting physical health consequences	26° Taurus: Slow recovery from respiratory infections
27°	Mercury (Gemini)	Strong constitution but prone to self sacrifice; stress related health decline from chronic intensity and overcommitment	27° Taurus: Vocal fatigue, loss of voice
28°	Moon (Cancer)	Psychic and spiritual sensitivity creating somatic overwhelm; immune hypersensitivity to energetic environments	28° Taurus: Benign cysts or tumors in the throat region
29°	Sun (Leo)	Deep regenerative power undermined by self destructive patterns; addictive tendencies affecting long term health and longevity	29° Taurus: Tongue swelling, speech clarity issues

SECTION THREE

Sagittarius

Fire, Mutable, House 9, Ruled by Jupiter, Opposite Sign Gemeni

PRIMARY BODY SYSTEMS

Liver, hips, thighs, sciatic nerve, femoral artery, pituitary gland.

MEDICAL ASTROLOGY OVERVIEW

Sagittarius is the ninth sign, mutable fire ruled by Jupiter, and it governs the liver, hips, thighs, and the sciatic nerve. Jupiter expands everything it touches, and in the body this expansion becomes either extraordinary vitality or spectacular excess. Sagittarius health patterns are almost always about too much: too much activity, too much rich food, too much of whatever Jupiter is amplifying. The liver and the hips bear the cost.

The liver is the primary Sagittarius health signature, and it is one of the most important organs in medical astrology. The liver processes metabolic waste, filters blood, metabolizes hormones, and produces bile for fat digestion. When Jupiter's expansive energy pushes the system toward excess, the liver takes the first hit. Fatty liver, hepatic toxicity, elevated liver enzymes, and sluggish bile production are all Sagittarius presentations. Clients with a history of overindulgence will almost always have prominent Sagittarius placements or planets at Sagittarius coded degrees (9, 21) under hard aspect.

The hips and sciatic nerve are the second major Sagittarius domain. Hip pain, hip bursitis, piriformis syndrome, and chronic sciatica are the body's way of telling Sagittarian energy to slow down and stay still long enough to heal. The mutable fire quality makes these clients highly resistant to rest.

The opposite sign Gemini rules the lungs, hands, and nervous system. When the Sagittarian liver is overwhelmed and the hips are locked, the Gemini nervous system and respiratory function begin to show the downstream stress. High liver toxicity corresponds to elevated neural inflammation, which manifests in Gemini territory as anxiety and breathing irregularities.

How to Read the Table Below

Degree: The degree number within Sagittarius (1 through 29).
Planet of Degree: The ruling planet of the degree sign in the cycle.
Ailments: Health associations for this degree when it appears in a hard or soft aspect pattern.
Opposition Axis: The opposing degree and sign with the health theme at that polarity.

Degree	Planet of Degree	Ailments	Opposition Axis
1°	Mars (Aries)	Hip pain and stiffness, limited range of motion; labral tear risk; hip bursitis; trochanteric bursitis	1° Gemini: Vocal cord strain with a nervous system overlay
2°	Venus (Taurus)	Sciatic nerve sensitivity, piriformis syndrome, chronic sciatica; radiating leg pain from the lumbar hip junction	2° Gemini: Nervous system hypersensitivity
3°	Mercury (Gemini)	Muscular overexertion; hamstring and quadriceps tears; overtraining syndrome; delayed muscle recovery	3° Gemini: Respiratory sensitivity, obsessive thought patterns worsening lung function
4°	Moon (Cancer)	Vision issues, nearsightedness or farsightedness; eye strain from sustained visual demands or exertion	4° Gemini: Strong mental function but prone to cognitive overexertion
5°	Sun (Leo)	Liver sensitivity, poor fat metabolism; fatty liver risk from dietary excess; sluggish bile production	5° Gemini: Hyperactivity, insomnia, nervous tics
6°	Mercury (Virgo)	Liver toxicity from alcohol, medications, or dietary overload; poor stress tolerance in hepatic function	6° Gemini: Stress related illness from legal or contractual pressures
7°	Venus (Libra)	Poor circulation in the legs; DVT vulnerability especially during long haul travel or sustained inactivity	7° Gemini: Avoids serious illness but susceptible to recurring mild respiratory infections
8°	Pluto/Mars (Scorpio)	High energy output but adrenal fatigue risk; burnout from sustained athletic or philosophical overextension	8° Gemini: Prone to fevers and sinus infections
9°	Jupiter (Sagittarius)	Susceptibility to high fevers; difficulty cooling the body efficiently during exertion or illness	9° Gemini: Sensitive hearing and auditory processing
10°	Saturn (Capricorn)	Risk of burns from fire, heat, or friction; body wide inflammatory conditions; systemic reactive inflammation	10° Gemini: Social and humanitarian over involvement creating nervous exhaustion
11°	Saturn/Uranus (Aquarius)	Athletic tendencies with high muscle tear risk; overtraining injuries; incomplete recovery between efforts	11° Gemini: Periodic vision disturbances
12°	Jupiter/Neptune (Pisces)	Strong physical endurance but requires structured rest cycles to avoid breakdown; insomnia from overactivity	12° Gemini: Weakened immune response from missed health signals
13°	Mars (Aries)	Excessive sexual energy creating hormonal dysregulation; overindulgence affecting reproductive hormone balance	13° Gemini: Racing thoughts causing insomnia
14°	Venus (Taurus)	Fire related injuries; inflammatory flares throughout the body; fever driven inflammatory episodes	14° Gemini: Overactive nervous system with scattered energy
15°	Mercury (Gemini)	Chronic overactivity and restlessness; exhaustion from inability to slow down; burnout from relentless momentum	15° Gemini: Environmental sensitivity
16°	Moon (Cancer)	Recurring infections, skin boils, inflammatory skin conditions; immune overreaction patterns	16° Gemini: Anxiety related heart rate irregularities
17°	Sun (Leo)	Breathing issues, reactive airways; asthma sensitivity to air pollution, smoke, and chemical inhalants	17° Gemini: Injury prone hands and wrists
18°	Mercury (Virgo)	Cold and flu susceptibility; immune system vulnerability in winter; sensitivity to low temperatures	18° Gemini: Relational nervous tension manifesting as physical exhaustion
19°	Venus (Libra)	Mental health sensitivity; anxiety disorders; existential crisis affecting physical health; depression from loss of meaning	19° Gemini: Psychological stress, extreme emotional highs and lows
20°	Pluto/Mars (Scorpio)	Skepticism of conventional medicine leading to delayed or inadequate treatment; preference for unvalidated alternatives	20° Gemini: Overstimulation leading to burnout
21°	Jupiter (Sagittarius)	Restless insomnia; sleep disruption from overactive mind; need for physical exhaustion before sleep	21° Gemini: Eye strain from digital screens
22°	Saturn (Capricorn)	Poor spatial balance; clumsiness and falls; proprioceptive deficit; accident risk from overconfidence	22° Gemini: Hand and arm injury susceptibility
23°	Saturn/Uranus (Aquarius)	Heart palpitations from stress or physical overexertion; cardiac sensitivity in high output situations	23° Gemini: Recurring eye infections, conjunctivitis

Degree	Planet of Degree	Ailments	Opposition Axis
24°	Jupiter/Neptune (Pisces)	Accident risk during sports, outdoor activity, or travel; overconfidence creating preventable physical injury	24° Gemini: Active social and mental lifestyle creating systemic overexertion
25°	Mars (Aries)	Overconsumption of alcohol, sugar, or rich food; addiction vulnerability; fatty liver and blood sugar dysregulation	25° Gemini: Respiratory concerns from nervous excitement
26°	Venus (Taurus)	Joint stiffness, hip and knee arthritis; early connective tissue tightening; poor joint flexibility from inactivity	26° Gemini: Coordination and balance difficulties affecting fine motor function
27°	Mercury (Gemini)	Good natural flexibility but rapid stiffening from immobility; must move consistently to maintain mobility	27° Gemini: Home and family stress creating somatic illness
28°	Moon (Cancer)	Vision and balance disturbances; vertigo; inner ear involvement affecting equilibrium and spatial awareness	28° Gemini: Seasonal allergies, pollen and mold sensitivity
29°	Sun (Leo)	Health challenges in early life with significant resilience and recovery developing in later years; late bloomer health arc	29° Gemini: Cognitive burnout from obsessive information gathering

SECTION THREE

Capricorn

Earth, Cardinal, House 10, Ruled by Saturn, Opposite Sign Cancer

PRIMARY BODY SYSTEMS

Bones, knees, joints, teeth, skin structure, skeletal system, gallbladder.

MEDICAL ASTROLOGY OVERVIEW

Capricorn is the tenth sign, cardinal earth ruled by Saturn, and it governs the bones, joints, knees, teeth, and the body's structural integrity. Saturn restricts, solidifies, and calcifies. In the body, this translates to the systems that hold everything else up and represent the long term accumulated cost of how a person has lived. Capricorn health patterns are the health patterns of time: they build slowly, arrive with authority, and tell the story of decades rather than moments.

The skeletal system is the defining Capricorn health signature. Arthritis, osteoporosis, joint degeneration, chronic knee problems, and dental breakdown are the conditions that accumulate quietly for years while the Capricorn dominant person continues to work without complaint. By the time Capricorn health issues become impossible to ignore, they have usually been developing for a very long time.

The knees deserve special mention because they are the single most specific Capricorn body part. Chronic knee pain, meniscus degeneration, ligament instability, and knee surgery in later life are Capricorn signatures that appear with remarkable consistency in charts with Saturn or prominent placements at Capricorn coded degrees (10, 22) under hard aspect. The knees are where we bend and where we ask for help. The Capricorn refusal to do either manifests physically in the structures designed for exactly that purpose.

The opposite sign Cancer rules the stomach, emotional body, and fluid systems. When the Capricorn skeletal system is grinding down from overwork and self denial, the Cancer stomach and emotional body begin to reflect the deep unmet need for nourishment that the structural system has been refusing. Watch for digestive and emotional health patterns emerging alongside Capricorn structural conditions.

How to Read the Table Below

Degree: The degree number within Capricorn (1 through 29).
Planet of Degree: The ruling planet of the degree sign in the cycle.
Ailments: Health associations for this degree when it appears in a hard or soft aspect pattern.
Opposition Axis: The opposing degree and sign with the health theme at that polarity.

Degree	Planet of Degree	Ailments	Opposition Axis
1°	Mars (Aries)	Bone density concerns, weak knees, chronic joint pain; early onset joint degeneration; calcium metabolism issues	1° Cancer: Sensitive stomach lining, acid reflux, chronic indigestion
2°	Venus (Taurus)	Ligament strain and laxity, knee instability; MCL and LCL vulnerability; knee injury with slow repair	2° Cancer: Diaphragm tension, breathing irregularities
3°	Mercury (Gemini)	Dry, cracking skin; psoriasis, eczema; poor skin barrier function; transepidermal water loss	3° Cancer: Psychosomatic stomach pain
4°	Moon (Cancer)	Poor peripheral circulation causing cold hands and feet; Raynaud's phenomenon; vascular constriction in extremities	4° Cancer: Rib cage vulnerability, costochondritis risk
5°	Sun (Leo)	Stiff joints, osteoarthritis tendencies, chronic muscular tension; limited range of motion throughout the body	5° Cancer: Stomach ulcers, excessive gastric acid production, gastritis
6°	Mercury (Virgo)	Spinal rigidity, lumbar or thoracic misalignment; postural collapse; intervertebral disc compression	6° Cancer: Lymphatic congestion, sluggish immune response, chronic fluid retention
7°	Venus (Libra)	Weak cartilage, early degenerative joint disease; meniscus thinning; chondromalacia patella	7° Cancer: Lung sensitivity, asthma triggers, wheezing
8°	Pluto/Mars (Scorpio)	Kidney strain, accumulation of metabolic waste; poor detoxification; kidney stone risk from mineral buildup	8° Cancer: Breast tissue sensitivity, fibrocystic breast tissue, cysts or benign lumps
9°	Jupiter (Sagittarius)	Chronic fatigue, persistent energy depletion, adrenal burnout; difficulty recovering from illness or sustained effort	9° Cancer: Weak diaphragm function, shallow breathing patterns, lung function disorders
10°	Saturn (Capricorn)	Hypothermia sensitivity, poor heat generation and retention; body struggles to regulate temperature; cold intolerance	10° Cancer: Emotional eating patterns, obesity risk from stress related food behavior
11°	Saturn/Uranus (Aquarius)	Immune system suppression from chronic overwork; recurrent infections from depleted defenses; health neglect	11° Cancer: Poor digestive motility, slow gut transit, microbiome dysbiosis
12°	Jupiter/Neptune (Pisces)	Muscle stiffness, poor flexibility, cramping; lactic acid accumulation; slow warm up requirement before activity	12° Cancer: Whole body fluid retention, abdominal bloating, edema
13°	Mars (Aries)	Nervous system tension manifesting as chronic anxiety; somatic anxiety; muscle bracing from chronic vigilance	13° Cancer: Stress induced stomach cramps, IBS, food intolerances
14°	Venus (Taurus)	Chronic knee pain, meniscus degeneration, patellar tracking dysfunction; knee replacement risk in later life	14° Cancer: Pancreatic imbalances, blood sugar irregularities
15°	Mercury (Gemini)	Premature skin aging, sun damage accumulation; collagen depletion; UV sensitivity and sunspot development	15° Cancer: Lactose intolerance, dairy sensitivities
16°	Moon (Cancer)	Fracture risk, slow bone healing; osteoporosis in later life; poor response to bone repair mechanisms	16° Cancer: Chest congestion, susceptibility to bronchitis and chest colds
17°	Sun (Leo)	Structural spinal misalignment, scoliosis, vertebral compression; postural disorders affecting the whole spine	17° Cancer: Emotional sensitivity directly disrupting gut function
18°	Mercury (Virgo)	Rheumatism, joint inflammation, stiffness and swelling; morning stiffness patterns; inflammatory arthritis	18° Cancer: Heartburn, esophageal spasms, acid reflux
19°	Venus (Libra)	Spinal nerve compression, disc herniation causing nerve impingement; lower spine radiculopathy	19° Cancer: Fluid imbalances, lymphedema, swelling in the extremities
20°	Pluto/Mars (Scorpio)	Chronic tension headaches from sustained physical and mental stress; stress as the primary driver of all symptoms	20° Cancer: Dairy and fat sensitivity, gas, abdominal distension, sluggish bowel

Degree	Planet of Degree	Ailments	Opposition Axis
21°	Jupiter (Sagittarius)	Slow metabolism, weight retention from sluggish metabolic rate; difficulty losing weight despite sustained effort	21° Cancer: Appetite dysregulation from emotional distress
22°	Saturn (Capricorn)	Sensitivity to calcium and mineral imbalances; calcium deficiency contributing to bone and muscle issues	22° Cancer: Sinus congestion linked to digestive sluggishness
23°	Saturn/Uranus (Aquarius)	Chronic illness patterns with long recovery cycles; conditions that become entrenched and require long term management	23° Cancer: Stomach polyps, peptic ulcer risk
24°	Jupiter/Neptune (Pisces)	Strong physical endurance but vulnerability to over exhaustion; pushing past limits without adequate recovery	24° Cancer: Water metabolism dysfunction
25°	Mars (Aries)	Progressive joint degeneration, late life arthritis; connective tissue breakdown over decades	25° Cancer: Liver sensitivity and stress
26°	Venus (Taurus)	Knee dislocation risk; ligament tears; ACL and PCL vulnerability; structural knee instability from chronic stress	26° Cancer: Food allergy and intolerance reactivity
27°	Mercury (Gemini)	Burnout from excessive self discipline and overcommitment; depletion disguised as diligence and productivity	27° Cancer: Nausea, motion sickness, chronic nausea without clear GI cause
28°	Moon (Cancer)	Weakened bone structure, advanced osteoporosis risk; skeletal fragility; vertebral compression fractures	28° Cancer: Spleen related concerns, inefficient blood filtering
29°	Sun (Leo)	Stubborn entrenched health conditions; chronic ailments requiring patience, consistency, and long term care	29° Cancer: Emotional eating as an entrenched chronic pattern

SECTION THREE

Aquarius

Air, Fixed, House 11, Ruled by Saturn / Uranus, Opposite Sign Leo

PRIMARY BODY SYSTEMS

Circulatory system, ankles, calves, lymphatic circulation, electrical nervous system.

MEDICAL ASTROLOGY OVERVIEW

Aquarius is the eleventh sign, fixed air ruled by Saturn and Uranus, and it governs the circulatory system, the ankles, the calves, and the electrical nervous system. Uranus is the planet I describe as a tornado: erratic, electrical, unpredictable, and capable of disrupting any system it contacts. Aquarius health patterns are the most unpredictable and unusual in the zodiac. They arrive without warning, defy conventional diagnosis, and often involve the body's electrical and circulatory systems behaving in ways that standard testing struggles to capture.

The circulation is the primary Aquarius health signature. Blood moving through the body, lymph moving through lymphatic channels, information moving through the nervous system: all of these circulatory functions fall under Aquarius. Varicose veins, poor peripheral circulation, lymphatic stagnation, and the sensation of things not flowing properly are Aquarian presentations. The ankles are the most specific Aquarius body part: ankle injuries, chronic ankle instability, and ankle swelling appear with notable regularity in charts with prominent Aquarius placements or hard aspects to Aquarius coded degrees (11, 23).

The electrical nervous system is the second major Aquarius health domain. Seizure disorders, spasmodic conditions, conditions involving the body's electrical conduction systems, and presentations that are genuinely unusual and hard to categorize are all Aquarian signatures. Clients with prominent Aquarius placements under hard aspect frequently describe health patterns that their doctors find puzzling and that seem to have an unpredictable, almost electrical quality to their onset and resolution.

The opposite sign Leo rules the heart and cardiovascular core. The Aquarius Leo polarity creates the circulatory health axis of the zodiac. When the peripheral circulation and electrical nervous system are erratic, the heart works overtime to compensate. Clients with both cardiac and peripheral circulatory concerns almost always have a Leo Aquarius axis that needs attention on both ends simultaneously.

How to Read the Table Below

Degree: The degree number within Aquarius (1 through 29).
Planet of Degree: The ruling planet of the degree sign in the cycle.
Ailments: Health associations for this degree when it appears in a hard or soft aspect pattern.
Opposition Axis: The opposing degree and sign with the health theme at that polarity.

Degree	Planet of Degree	Ailments	Opposition Axis
1°	Mars (Aries)	Poor circulation causing cold extremities; sensitivity to temperature changes; Raynaud's phenomenon; vascular irregularity	1° Leo: Heart palpitations, emotional stress directly impacting cardiac rhythm
2°	Venus (Taurus)	Nervous system overstimulation, anxiety disorders; sensory processing sensitivity; electrical and EMF hypersensitivity	2° Leo: Blood circulation issues, high or low blood pressure
3°	Mercury (Gemini)	Unexpected leg and ankle injuries; accident prone tendencies; sudden onset trauma; fractures from unforeseen impacts	3° Leo: Thoracic spinal tension
4°	Moon (Cancer)	Varicose veins, leg cramps, chronic venous insufficiency; blood circulation issues in the lower limbs	4° Leo: Chest inflammation, pericarditis risk
5°	Sun (Leo)	Nervous exhaustion from sustained mental or electromagnetic load; poor stress tolerance; systemic depletion	5° Leo: Cardiovascular risks from overexertion
6°	Mercury (Virgo)	Unusual or rare skin conditions; environmental toxin sensitivity; electromagnetic hypersensitivity reactions	6° Leo: Overheating, heat driven fevers, sunstroke risk
7°	Venus (Libra)	Sudden onset illness, immune system irregularities; unexpected health crises; autoimmune flares without clear trigger	7° Leo: Structurally strong heart but prone to emotional blood pressure spikes
8°	Pluto/Mars (Scorpio)	Brittle bones, vitamin D and calcium deficiency; bone density decline in the lower limbs and ankles	8° Leo: Heat sensitivity, excessive sweating, rapid dehydration
9°	Jupiter (Sagittarius)	Leg swelling, edema, difficulty with prolonged standing or sitting; gravitational fluid accumulation in the lower legs	9° Leo: Nerve related cardiac issues
10°	Saturn (Capricorn)	Restlessness causing sleep disruption; insomnia from overactive nervous system; inability to wind down at night	10° Leo: Heart arrhythmias, anxiety related palpitations
11°	Saturn/Uranus (Aquarius)	Chronic muscular tension, myofascial tightness; inability to fully relax muscles; chronic tension patterns throughout the body	11° Leo: Chronically elevated heart rate under stress
12°	Jupiter/Neptune (Pisces)	Injuries from unexpected accidents; lack of proprioceptive awareness; fall and collision risk	12° Leo: Spinal alignment issues causing disrupted blood flow
13°	Mars (Aries)	Electromagnetic sensitivity; nervous system overload from EMF or digital environment exposure; overstimulation patterns	13° Leo: Thoracic spine stiffness, scoliosis tendencies
14°	Venus (Taurus)	Thyroid and pituitary gland irregularities; hormonal fluctuations from endocrine disruption; adrenal thyroid axis imbalance	14° Leo: Nerve pain along the spine
15°	Mercury (Gemini)	Mid life health crises, significant health disruptions in the 40s 50s; life altering health events in the middle years	15° Leo: High energy output but strong burnout risk
16°	Moon (Cancer)	Strong intuition but susceptibility to stress induced illness; somatizing unresolved emotional intelligence	16° Leo: Pride and ego driven stress manifesting as cardiovascular strain
17°	Sun (Leo)	Physical illness arising from unresolved emotional patterns; the body expressing what the mind will not acknowledge	17° Leo: Dramatic emotional outbursts creating measurable cardiovascular load
18°	Mercury (Virgo)	Emotional frustration manifesting as chronic muscular tension; suppressed feelings creating physical bracing patterns	18° Leo: Strong immunity but tendency to override health warning signals
19°	Venus (Libra)	Leg injuries and circulation blockages; vascular issues in the lower limbs; poor venous return from the legs	19° Leo: Circulatory blockages, atherosclerosis risk
20°	Pluto/Mars (Scorpio)	High resilience but must carefully manage energy expenditure; boom bust energy cycling; dysautonomia tendencies	20° Leo: Sedentary lifestyle risk contributing to cardiovascular decline
21°	Jupiter (Sagittarius)	Muscular rigidity, loss of spinal and limb flexibility; progressive stiffening with age; difficulty maintaining suppleness	21° Leo: Overactive sympathetic nervous system
22°	Saturn (Capricorn)	Erratic energy patterns; extreme fatigue followed by sudden hyperactivity; autonomic nervous system dysregulation	22° Leo: Sun and heat triggered skin conditions
23°	Saturn/Uranus (Aquarius)	Nervous breakdown risk from sustained overstimulation; mental fragmentation from sensory and informational overload	23° Leo: Thoracic spine flexibility decline

Degree	Planet of Degree	Ailments	Opposition Axis
24°	Jupiter/Neptune (Pisces)	Skeletal alignment issues, posture related chronic pain; scoliosis risk; structural imbalances in the spine or pelvis	24° Leo: Lower back weakness bleeding into the lumbar spine
25°	Mars (Aries)	Nerve damage risk, hypersensitivity to pain stimuli; peripheral neuropathy; allodynia tendencies	25° Leo: Nervous exhaustion from sustained high output performance
26°	Venus (Taurus)	Unusual immune responses, peripheral neuropathy, unpredictable health patterns; restless leg syndrome	26° Leo: Risk of sudden cardiac events when overworked or emotionally overwhelmed
27°	Mercury (Gemini)	Long term physical stamina but requires structured recovery periods; ignoring recovery cycles leads to systemic breakdown	27° Leo: High energy levels requiring grounding disciplines to prevent nervous depletion
28°	Moon (Cancer)	Risk taking around health choices; gambling with medical decisions; ignoring symptoms until they become serious	28° Leo: Hypertension risk under stress
29°	Sun (Leo)	Mental strain from overthinking creating psychosomatic physical symptoms; exhaustion of the nervous system from chronic rumination	29° Leo: Heart valve issues, mitral valve prolapse risk

SECTION THREE

Pisces

Water, Mutable, House 12, Ruled by Jupiter / Neptune, Opposite Sign Virgo

PRIMARY BODY SYSTEMS

Feet, lymph glands, immune system, pineal gland, subconscious nervous system.

MEDICAL ASTROLOGY OVERVIEW

Pisces is the twelfth sign, mutable water ruled by Jupiter and Neptune, and it governs the feet, the lymphatic system, the immune system, and the subconscious nervous system. Neptune dissolves boundaries. Jupiter expands. Together their rulership creates the most permeable and spiritually sensitive health signature in the zodiac. Pisces does not have firm physical or energetic boundaries, and that permeability is both its greatest gift and its primary health vulnerability.

The lymphatic and immune systems are the defining Pisces health signature. The lymphatic system depends on movement, breathing, and the body's overall vitality to function. Pisces lymphatic dysfunction manifests as chronic immune vulnerability, slow lymphatic drainage, persistent swelling, and a tendency to catch every pathogen that passes through the environment. The immune system's inability to maintain clear boundaries between self and not self is a Pisces archetype, and autoimmune conditions reflect this.

The sensitivity to substances is a critical Pisces health consideration that applies to medications, alcohol, supplements, and even food. Neptune dissolves ordinary thresholds, which means Pisces dominant individuals often respond to substances at dosages that would have no effect on others. Alcohol intoxication at low doses, paradoxical reactions to medications, and extreme sensitivity to stimulants are all Pisces signatures. Dosing and treatment protocols must be individualized for anyone with prominent Pisces placements under hard aspect.

The opposite sign Virgo rules the gut, the nervous system, and the analytical function. The Pisces Virgo polarity is the most significant health axis in the zodiac, the axis of health itself. When the Pisces immune and lymphatic systems are overwhelmed and the body's boundaries are dissolving, the Virgo nervous system and gut struggle to maintain the precision that keeps the body functioning. Gut dysbiosis, nervous exhaustion, and immune compromise run together in charts with a prominent Pisces Virgo axis under pressure.

How to Read the Table Below

Degree: The degree number within Pisces (1 through 29).
Planet of Degree: The ruling planet of the degree sign in the cycle.
Ailments: Health associations for this degree when it appears in a hard or soft aspect pattern.
Opposition Axis: The opposing degree and sign with the health theme at that polarity.

Degree	Planet of Degree	Ailments	Opposition Axis
1°	Mars (Aries)	Weakened immune system, frequent colds and viral infections; poor mucosal immunity; lymphatic vulnerability	1° Virgo: Sensitive intestines, constipation, sluggish bowel motility
2°	Venus (Taurus)	Nervous system hypersensitivity, anxiety conditions; sensory overwhelm; emotional sensitivity with strong physical expression	2° Virgo: Anxiety driven gut dysfunction
3°	Mercury (Gemini)	Poor coordination and balance, clumsiness, accident risk; proprioceptive weakness; falls from spatial disorientation	3° Virgo: Hyper focus causing physical muscular tension
4°	Moon (Cancer)	Digestive sensitivities, food intolerances, sluggish gut motility; poor gut brain communication; SIBO susceptibility	4° Virgo: Overworking body and mind leading to burnout and adrenal fatigue
5°	Sun (Leo)	Water retention, generalized bloating, lymphatic stagnation; systemic edema; puffiness from fluid dysregulation	5° Virgo: Nutrient deficiency risks from poor absorption or restrictive eating
6°	Mercury (Virgo)	Foot sensitivity, injury prone feet; poor arch support; plantar fasciitis; stress fractures in the metatarsals	6° Virgo: Digestive enzyme deficiency
7°	Venus (Libra)	Circulatory issues in the feet, poor peripheral blood flow; cold feet; peripheral circulation deficit	7° Virgo: Social anxiety manifesting as stomach upsets
8°	Pluto/Mars (Scorpio)	Prone to fungal infections of the feet; athlete's foot; toenail fungus; poor foot hygiene immune response	8° Virgo: Environmental sensitivities, food and chemical allergies
9°	Jupiter (Sagittarius)	Emotional sensitivity manifesting as physical illness; somatic symptoms from emotional overwhelm; psychosomatic patterns	9° Virgo: Weakened immune response, recurring minor infections
10°	Saturn (Capricorn)	Vision problems, blurry eyesight, nearsightedness; floaters; difficulty with visual focus and tracking	10° Virgo: Digestive parasites, food poisoning susceptibility
11°	Saturn/Uranus (Aquarius)	Energetic boundary weakness causing chronic fatigue; absorbing others' emotional states; empath depletion syndrome	11° Virgo: Difficulty distinguishing helpful from harmful substances
12°	Jupiter/Neptune (Pisces)	Sleep disturbances, vivid or disturbing dreams; non restorative sleep; hypnagogic hallucinations; parasomnia	12° Virgo: Psychosomatic symptoms from chronic stress
13°	Mars (Aries)	High intuition but mental overstimulation causing nervous exhaustion; psychic sensitivity creating physical overload	13° Virgo: Sexual anxiety, stress driven hormonal imbalances
14°	Venus (Taurus)	Depression risk, mood dysregulation, emotional instability; seasonal affective disorder; anhedonia	14° Virgo: Self neglect in health despite analytical awareness
15°	Mercury (Gemini)	Spinal misalignment causing back pain and postural collapse; lower lumbar and sacral sensitivity	15° Virgo: Repetitive strain injuries in hands, wrists, and forearms
16°	Moon (Cancer)	Foot arch collapse, flat feet, plantar fasciitis; biomechanical imbalances from poor foot structure	16° Virgo: Susceptibility to health misinformation
17°	Sun (Leo)	Extreme sensitivity to substances including medications, alcohol, and supplements; rapid intoxication; chemical hypersensitivity	17° Virgo: Rigid diet and exercise habits creating nutritional imbalance
18°	Mercury (Virgo)	Fluid retention, kidney and lymphatic sensitivity; ankle and lower leg swelling; kidney filtration sensitivity	18° Virgo: Chronic stress weakening the gut lining
19°	Venus (Libra)	Digestive imbalances with rich or heavy foods; difficulty processing fats; liver and gallbladder stress from diet	19° Virgo: Agricultural toxin exposure
20°	Pluto/Mars (Scorpio)	Hyperactive imagination creating somatic symptoms; psychosomatic illness from sustained anxiety and worry	20° Virgo: Strong physical endurance but tendency to override fatigue signals and push through illness rather t
21°	Jupiter (Sagittarius)	Skin hypersensitivity, allergic rashes, hives; delayed allergic reactions; contact dermatitis; eczema	21° Virgo: Hypochondria, excessive health monitoring
22°	Saturn (Capricorn)	Inner ear dysfunction, vertigo, motion sickness; labyrinthitis; Meniere's disease risk; balance disorders	22° Virgo: Financial stress manifesting as physical illness

Degree	Planet of Degree	Ailments	Opposition Axis
23°	Saturn/Uranus (Aquarius)	Emotional overwhelm causing physical exhaustion; adrenal depletion from sustained emotional intensity	23° Virgo: Natural healing orientation but tendency to neglect own health while helping others
24°	Jupiter/Neptune (Pisces)	Bronchial sensitivity, susceptibility to respiratory infections; chest colds and bronchitis; weak respiratory immunity	24° Virgo: Restlessness and nervous energy at rest
25°	Mars (Aries)	Overactive dream state causing non restorative sleep; insomnia from vivid dreaming; sleepwalking tendencies	25° Virgo: High sensitivity to medications, treatments, and supplements
26°	Venus (Taurus)	Physical stamina depletion; long recovery times after illness or exertion; poor physical bounce back capacity	26° Virgo: Susceptibility to alternative health fads
27°	Mercury (Gemini)	Nervous system overstimulation from environmental inputs; heightened sensory perception; chronic overwhelm	27° Virgo: Strong mental function but requires consistent physical movement to prevent intellectual physical im
28°	Moon (Cancer)	Natural healing sensitivity; must guard against energy depletion from others; empathic drain and psychic fatigue	28° Virgo: Self imposed perfectionism creating stress illness
29°	Sun (Leo)	Heightened psychic sensitivity; paranoia or fear based illness patterns; somatic expression of spiritual overwhelm	29° Virgo: Chronic neck and shoulder tension