© Ziggy Astrology pg 1

Medical Astrology with Ziggy

Decoding the Aspects

Planets are the functions, signs are the systems, and the houses show the location

What Is Medical Astrology?

We're going to learn how to decode the aspects in medical astrology, so what is medical astrology? Basically, you're using the celestial bodies to determine what is going on with someone. And honestly, seldom will I not be able to determine what someone has gone through, at least at one point in their life, by using their birth time. So, just so you guys are aware, planets are the functions, signs are the systems, and the houses will show the location, okay? So why this is important, why learning how to do this is important, because all of your physical symptoms come from energy, and your celestial blueprint, your soul blueprint, is your birth chart.

So, everything is going to be visible on it. You guys know who Carl Jung is? He is the father of analytical psychology. He believes that every single time something or someone is born, a corporation, a human being, a new project, there is an inherent energy to that corporation, to that animal, to that person, whatever. And astrology, usually, it's used to help to diagnose idiopathic things, like something came out of nowhere, maybe it's not really fucking with you like that, but I do want to know why I have this, or maybe they want to know how it happened, they want validation, they want me to explain what the purpose is, and you can also use the transits to help to time the intervention, but that's already advanced, so we're not going to touch on that.

Degrees of the Zodiac

Quick review here, the degrees of the zodiac. We have to talk about the degree association to the sign that it is associated with, okay? Zero, because that's not listed here, zero is always associated with the placement that it's in, right? For example, I have my Sun at zero degrees, Aquarius. How will it express? It'll express as an Aquarius degree. If you have a zero degree placement in Scorpio, it'll express Scorpio. If you have a zero degree placement in Capricorn, it'll express as a Capricorn. Now let's just quickly touch on the degrees. Aries, one, Taurus, two, you just go around and around until you reach 29, basically. Aries, associated with Mars. Taurus, two, associated with Venus. Three, Gemini, associated with Mercury. Four, Cancer, associated with the Moon. Five, Leo, associated with the Sun. Six, Virgo, associated with Mercury. Seven, Libra, associated with Venus. Eight, Scorpio, associated with both Pluto and Mars. Nine, Sagittarius, associated with Jupiter. 10, Capricorn, associated with Saturn. 11 degrees, Aquarius, associated with Saturn again and Uranus. Pisces, 12 degrees, associated

with both Jupiter and Neptune. So on and so forth. 13 degrees, Aries degree. 14 degrees, Taurus degree. 15 Gemini, 16 Cancer, 17 Leo, 18 Virgo, 19 Libra, 20 Scorpio, 21 Sagittarius, 22 Capricorn, the famous "kill or be killed" degree is Capricorn. Aquarius, 23. Pisces, 24. Aries, 25. Taurus, 26. Gemini, 27. Cancer, 28. And Leo, 29.

Rounding the Degrees

So before we get into the signs and their meanings, let's talk about rounding the degrees. The rounding rule is actually pretty simple. If a placement is direct, you use the degree as it is. It doesn't matter if it's three degrees, 57 minutes, right? That's three degrees. If it's direct, the degree stays, drop the minutes, doesn't matter. If a placement is retrograde, that's when you can round up one degree, regardless of the minutes. That's it.

So if it's 22 degrees and 39 arc minutes, you would read that as 22 degrees, okay? If it's three degrees and 59 minutes, you would think, oh, that looks like it's almost at four degrees, let me round it up. No. If it's direct, it stays at three degrees. But if it's retrograde and at four degrees and seven arc minutes, you would think, oh, that's just four degrees because seven arc minutes is very low, right? No, you can round that up to five and you can interpret it as four degrees or five degrees, because the retrograde degree interpretations get really funky. And there's a 50-50 chance it'll be the four degree interpretation that will make the most sense, or the rounded up five degree interpretation that will make the most sense. Like I said, 50-50. But if it's a direct placement, it's way more likely that the degree that it's at, regardless of the arc minutes, that interpretation will stick. So you'll see for yourself. Let's continue.

The Signs and the Body

We have Aries. Aries is associated with the head, the eyes, migraines and accidents. It is the top of the body. It is kind of associated with the midheaven, but that's traditional already, like super traditional. But usually they used to say, like, when in ancient Mesopotamia, the midheaven has to do with the head. So sometimes I'll notice, like, the tenth house, or, like, wherever the midheaven falls, like it falls between houses eight and 12, or seven and 12 rather. And sometimes I'll notice, like, a lot of themes with the head or the eyes with the midheaven. And that's the only thing I have to say about that.

And then Taurus, it is the throat, the thyroid. It's the neck. Tension with anything to do with the neck. If you have any prominent, like, placements in Taurus or in the second house, right? Because Taurus is the second house. And for example, maybe you have the ruler in Taurus and you have a square to that Venus placement or whatever. I wouldn't be surprised if you have hypo or hypertension. A hypo or hyperthyroidism rather.

So Gemini is associated with the lungs, hands, anxiety, breathing. Mercury rules Gemini, but also rules Virgo. So it's gonna take on themes for Virgo and Gemini. Cancer is the stomach, chest, bloating, emotional eating. It's also mucous membranes. Like the, just the shit that you

cough up when you're really sick, okay? Leo, heart, spine, heart issues, burnout. It's associated with the sun. The fifth house. Notice Aries house one, Taurus house two, Gemini house three, Cancer house four, Leo house five. Virgo is the gut, intestines, IBS. Perfectionism, emphasis on perfectionism, very analytical. It goes really hard on itself. It stifles itself when it's not good enough. So on and so forth.

Sixth house. Seventh house is Libra. It's the kidneys, skin, blood sugar, rashes, Venus.

Scorpio, house eight, reproductive system, STIs, HIV, endometriosis. Even though HIV can be technically associated with, you know, the urinary system, which is Libra.

Sagittarius, liver, hips, overindulgence. You'll notice people who are alcoholics, they tend to have some prominent Sagittarius degrees or placements.

Also, you have Jupiter and Sagittarius, and you have the moon, you know, trining it. You got some nice cake, you got a booty. Capricorn is the 10th house. You guys know, bones, knees, arthritis, calcification. Also, don't forget, Capricorn is restriction because it is Saturn, restriction.

Aquarius, the 11th house. Circulation. You know how you can remember this? The collective, information circulating to the collective, social media, right?

Easy way to remember it, circulation. And it's also, I know this is weird, the ankles, like what the fuck, ankles. But yes, ankles with Aquarius.

Also spasms, weird symptoms. Like, you guys know, Aquarians are the weird ones of the zodiac. I'm a weirdo, I have a frickin' Aquarius stellium in the eighth house. I can barely give a presentation without, you know, the awkward pauses because I'm not good at this, but I'm doing my best.
But yeah, think, you know, because it's Uranus, right? I say that Uranus is a tornado very frequently on my TikTok. So just think of Uranus, tornado. Tornadoes are weirdos, right? So that's how you can kind of get the spasms. Like, think of a tornado going through Kentucky, God forbid. You know, going through the houses and, you know, taking them apart. He's very spastic. A lot of people who have epilepsy tend to have, uh, some prominent Aquarius degrees, 11, 23, or they have Aquarius placements, or something triggers it, maybe a placement going through Aquarius, making a really fucked up square to whatever other placement in an air sign, you know what I mean?

It has to be in a different modality for the manifestation of seizures. If you guys are curious, it's never going to be, because it can be, because, like, for example, Aquarius squaring, for example, Scorpio. Right. That could be an indication, but if it's already going to Libra, that's not a seizure, it's more of a circulation association. So people with Uranus and Aquarius, a lot of people randomly started to manifest the different types of, uh, the seizure disorders. Okay. Pisces, feet, glands, toxic fluid retention. It's the 12th house, right?

It's also lymph. Okay.

The Aspects in Medical Astrology

Now, conjunction, sextile, trine, square, opposition. So conjunctions in medical astrology are basically the same thing as normal astrology. It's a fusion of energy together, right? Like I have my Sun and Neptune conjunct, so they're fusing together. Sextiles are usually a functional support, a healing opportunity. For example, I have right now in my transit chart, I have Mars going through my third house in Virgo, and it is making a sextile to my ascendant, which is at 18 degrees in Cancer, and Virgo Mars right now is transiting at 15 degrees.

So there's a three degree orb, and what is Mars, right? Think about it. Mars is, you know, action, assertion, movement, hostile energy, right? And then it's making a sextile to my Cancer ascendant, which is the stomach and the fluids, right? For some reason today, I woke up feeling skinny, and I ate a lot yesterday, but Mars came through for me because your girl ended up going to the bathroom. That shit works. Astrology doesn't get more real than that. I know this is a really awkward fucking example, but I swear it is actually ridiculous how on point it is.

Like, Mars making a fucking aspect to your ascendant is diarrhea central. But Saturn making an aspect to your ascendant is constipation central. So if nothing happens, then you're good. But if you're having constipation and you see, oh my God, wait, Saturn is making an aspect, transiting Saturn is making an aspect to my ascendant, it makes sense.

Okay. So, you know, trines are usually so harmonious and happy and woo, right? But look, ease, but sometimes too passive, sometimes too harmonious, sometimes the energies are too good. So for example, like I just used the Mars sextile, right? But, you know, it's not that I had diarrhea today, but last time I had a trine to my ascendant for Mars, that was diarrhea time. That's because it makes sense, because, I know this is gross, I'm sorry, but, like, think about it. Cancer is the stomach, right? And Mars is making a harmonious energy, flow of energy. The energy is flowing beautifully. Just think of an empty, decalcified, like, wonderful, healthy person. Like, their veins have no calcifications in them, right? And the blood flows beautifully. The energy flows beautifully through their body. They get oxygenation wonderfully, right? So just think of it like that.

So square. Square is friction. It's chronic tension. It could also be a warning. It's not necessarily going to be anything bad, believe it or not. But squares will show you where you should be careful. That's why when I get on and I'm like, yo, I see a freaking square to this placement in Aries and all Gemini or whatever, just be careful. That's why. Because if you have your ascendant at specific degrees, instead of transit, Mars does not move slow. It's not the slowest. It takes two years. So it's pretty quick. It moves. It'd be moving. Opposition, imbalance, or compensation mechanism. And this is going to come in handy for the case study we're going to do.

So keep this in mind. Opposition, compensation mechanism. And just one more thing before we move on, conjunctions. We are using an orb of five degrees. Five degree orb, sextile. Five degrees for trines, five degrees for squares, and five degrees for oppositions.

The Steps for Interpreting Aspects

Alright, so the steps for interpreting aspects in medical astrology. So the first step, you're looking at the degree, which signs are the placements associated with, right? So for example, we're about to do a case study where I have a placement here making a square to a placement here.

And it happens to be, you know, at a certain degree, right? So we're taking into consideration the fact that the placement is in a Capricorn house and a Virgo house. But also the degrees associated with the placements, we're going to have to use this chart right here to decode which sign that degree is associated with, and you'll see house, which signs are associated with the houses. So, like, not only are we doing the sign association with the degree, but also with the house that they're in. Three placements. So which signs are the placements associated with? So, like, the actual sign that they're, that they're in. Because it could be the 10th house, but your 10th house could be Aries, right? So it's going to be a Capricorn house with an Aries placement, for example, at 14 degrees, which is a Taurus degree, get it? So it's Taurus, Capricorn, Aries.

Aspect energy, it's going to show you the type of energy flow. And then the archetype addition we'll do between two of the placements.

Case Study One: Dyslexia

So here we have a 14 degrees Saturn, right? It's at 39 arc minutes. Rounding would be, well, Saturn's direct. So that means that the degree stays exactly as it is, right? Regardless of the minutes, right? So Saturn stays at 14 degrees. What is the 14th degree? It's Taurus. Now, the 10th house's association is with Capricorn. The placement sign is Aries. And the aspect that you see here is a square. Now we're going to add the archetype, Saturn. It's in a Capricorn house. It's in a Taurus degree. It's associated with Aries, right? And then we've got Mercury, which is at 56 arc minutes, and 10 degrees, associated with Capricorn, because we're not rounding, it's direct. And it's in the sixth house, Virgo house, right? Sixth house is Virgo. And it's in Capricorn. So we've got a Capricorn degree, Virgo house, Capricorn sign, right? Saturn degree 14, Taurus, house Capricorn, sign Aries. The aspect is a square. So that's friction, right? And then Mercury degree 10, Capricorn, house is a Virgo house. The sign is in Capricorn, aspect square, friction.

Okay, now what you're going to do is you're going to take the energies, you're going to put them together and try to come up with a diagnosis. Remember, you've got to blend it together as best as you can. Like an archetypical theme, putting them together. Like, what do you think this person would have? We've got Saturn at the 14th degree, which is Taurus. Taurus is what, the throat, the vocal cords, the physical speech mechanism, right? So any hard aspect touching Taurus energy can show up as something that's physically constricting or disrupting how sounds are produced and released in the body. And so the house is Capricorn house, right? Capricorn is associated with restriction. The sign is Aries, and Aries is associated with the head, right? So it could be the eyes and the brain. And then we move to Mercury. Mercury rules Gemini and

Virgo. So there's Gemini communication energy here, right? But the degree is Capricorn. Capricorn is restriction, structure, hardening of systems. And the sign is also Capricorn.

So house is Virgo. And what's Virgo? It's digging into the details, analyzing, and there's friction. Sign is in Capricorn, which is restriction. Aspect is a square, which once again, friction. So what do you get when you've got the physical throat and vocal mechanism under Saturn's restriction in a Capricorn house in the brain, squaring a Mercury that's carrying double Capricorn in the house of analytical detail? You've got a hardening of the entire speech and processing system. The body can't produce sound cleanly, and the cognitive system can't translate thought into language cleanly.

Guess what? I have dyslexia. It's my chart. Beautiful, right? Aspect is a square. Friction. Guess what? This is my square. I have dyslexia. Does that make sense or what? I mean, I do have, I had to, you can tell I stutter a lot. Like, I can't help it. But yeah, it is a speech impediment. Also, when I film my TikToks, it takes me 50 fucking tries to do anything. I can't even speak.

Case Study Two: PCOS

Now, we're going to do case study example two here. Let's not round up for this one. This degree is associated with 26, Taurus degree. House is, it's the eighth house, right? So it's in a Scorpio house. The placement is Aquarius. The aspect is a trine. And then we have a Scorpio moon at an Aries degree, one degree, because the first sign of the zodiac is Aries, in a Cancer house. So we have Cancer, Scorpio, and Aries energy, trining Taurus and Scorpio, Aquarius. So think about it. Aquarius energy, circulation, Jupiter expands everything that it touches. 26 degrees Taurus, associated with Venus. So sweet stuff, blood sugar, harmonious flow of energy to an emotional Cancer house, the moon, emotional and in and of itself Scorpio. Don't forget Aries energy from the degree, Scorpio reproductive. It's in a Cancer house. Aries degree. We have a Taurus, Taurus associated with Jupiter, expands everything it touches. Venusian degree, which is sweet stuff. And also eighth house is Scorpio. There's a Scorpio energy here. A lot of reproductive energy here. The diagnosis is PCOS.

How freaking cool is that? It's freaking insane.

Case Study Three: Body Dysmorphia

Okay, next. So now we've got Venus here at 23 degrees. But hold on. Venus is retrograde. And that's the rounding rule, right? Retrograde means we round up. So 23 degrees becomes 24 degrees. You can look at the 23rd degree interpretation or the 24th. What's the 24th degree associated with? Pisces. This one makes sense, right? Rounding up makes sense here. Although you can do 50-50, but I'm choosing to round, right? You can look at both if you're rounding up. It's in the seventh house, right? You see that? Which is Libra. It's in Capricorn. So it's Pisces, Libra and Capricorn energy, right? Now this is the Ascendant, right? The Ascendant is Cancer. 18th degree Virgo. 18 degrees Virgo energy. So again, Venus, the planet of love,

luxury, beautiful, everything, right? In the house of Libra, beauty, skin, makeup, shopping, whatever. A Capricorn restriction and opposition. Remember what we said about the opposition, how it's like a compensation mechanism, right? Opposition to Virgo energy, hyperanalytical, and Cancer. Cancer is very emotional, right?

18 Virgo, hyperanalytical. Well, this is my placement, right? I think we've accepted the fact that this is my chart, right? So what it is, is body dysmorphia. Doesn't it make a lot of sense? It's sad, yeah, but listen, without vulnerability, how are we going to learn? I might as well just show you my shit. It's true.

Body dysmorphia to the max. Because let's look in that opposition, right? Look at it. Venus is staring right at that Virgo-coded emotional Cancer Ascendant, right? And she's got that Libra energy. She's got that Pisces energy. And that Neptunean quality, distortion, get it? It's very distorted. And if you consider the 23rd degree, which is an Aquarius degree, and you associate that with Saturn, right? Because 23 Aquarius, traditional ruler of Saturn, what is Saturn? Saturn is very, like, I need to hold myself accountable. It's like a hyper accountability, right? So it's like the inability to see reality clearly. But it's also associated with Capricorn because it's in Capricorn, and Capricorn is restrictive, right? So it's Saturn. So if we keep it at that 23rd degree Saturn, you see how it kind of makes sense when we round it up to the Pisces degree 24, and it makes sense as well. It's like very nuanced there. And you'll notice how this makes a lot of sense when you're rounding up with the retrograde planets. Trust me, but sometimes it'll be 50-50, like one will not make sense at all, the other will. You'll see what I mean. It's just how the art works. It's how the theory works. And because she's retrograde, we caught that at the very start, right? We rounded it to the Pisces degree. That retrograde turns all of Neptune's distortion inward, because retrograde is very subdued. So what do you get when you've got Venus carrying Neptunean distortion in a Libra house in Capricorn staring directly at a Virgo-coded Cancer Ascendant that picks up everything and basically just picks it apart and feels everything that it perceives? The distortion lands on the body, because what is the Ascendant? It's you, it's looking right at me. So what Venus sees in the mirror is unfortunately not real, but Virgo analyzes it in the distorted fashion and Cancer feels it. Body dysmorphia.

It sucks, but it is what it is. Like I said, astrology is very literal. I love it. So you're basically just learning how to put the pieces together. You'll start to notice, like, when you read more charts, you'll be able to actually, like, start to nail it. Maybe not exactly, but, like, for example, something similar to body dysmorphia, like, oh, like, do you have a really poor self concept? Like, oh yeah, I have body dysmorphia, correct. Like, I am a very specific type of eater. Like, I only eat like once or twice a day, and I don't eat between the 6 p.m. and 9 a.m. I do restrict, so it does play out, after all. And that's all that astrology is. It's basically learning to read a language, and the language is, it's not all uniform.

Like, there's not, like, a fricking, like, an answer that is direct. It is just, you know, you using your creativity to kind of come to a conclusion based on the archetypes that you're seeing. And it's kind of hard to be wrong because everything can apply. And if you're completely off, the person will correct you. But at least you're gonna be on the right track if you know the general themes.

Case Study Four: Sun Conjunct Neptune

Now next, a zero degree Aquarius sun. We know that zero degree expresses in its rawest form. So this is Aquarius, as Aquarius as it comes. It's in the seventh house, which is a Libra house. So it's Aquarius and Libra and Aquarius. And then we have Neptune at the 29th degree. The 29th degree associated with Leo. And it is Neptune, it's in Capricorn. So it's restrictive energy. It's Leo energy. So it's like, it's very like, I love myself, but restrictive, right? And surprise, Neptune dignity-wise absolutely fucking hates Capricorn. It is the worst sign for Neptune. So we're putting together Aquarius energy and Libra energy, which is like balancing the scales. It's loving. And then we have Neptune, which is very delulu, Leo. Leo can be naive. It's the heart, it's next to the fifth house ruler. But also keep in mind, Neptune. Neptune's associated with drugs and alcohol. Very, very sensitive to various medications, because Aquarius is circulation, expressing in its rawest form. It is fifth house Leo naive energy. Emphasis on the naivety. And then we have that Capricorn restriction. Neptune is associated with the delusions, drugs or alcohol or whatever. Yeah, that's what happens. When Neptune comes in contact with your Sun like that, here you can see my Sun. Sun is associated with the father. And the reason that the Sun is associated with the father is because the Sun has a 24 hour schedule, right? So it's associated with the man. And the moon is associated with women, mama, because it's on a 28 day schedule. We're all on a 28 day schedule, the cis females, okay? So when you have the daddy planet conjunct the schizo planet, as we say in slang astrology, which is not the nicest, but it makes sense here. I've never met my dad before. So it also plays out in non-medical ways too, but in medical ways as well. So it's like incredible how it shows not only your health, but also like the shit that you will literally deal with in your life. And on top of that, I have my Sun squaring my Scorpio Moon. There's friction between dad and mom. They got divorced before I even came out of my fricking mother's pelvic crypt. So yeah, everything plays out really fucking literally, like absolutely insanely literally. And that is the beauty of astrology.